

# The Eastside Neighbor

*Fast Happenings in the Neighborhood*

1619 E. Kalamazoo St., Lansing, MI 48912 — (517) 485-7630

www.allenneighborhoodcenter.org

Volume VI, Issue VIII

August 2006

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## Neighborhood Meetings

**August 1: PLACE Neighborhood Potluck**  
7:00-9:00

**August 1: Prospect Protectors Block Party**  
6:30 PM

**August 3: FAIR** 7:00

**August 9: Friends of Hunter Park** 6:30

**August 16: Foster Your Neighborhood** 7:00

**August 28: ANC Board**  
4:30

**The Eastside Neighbor** is a publication of Allen Neighborhood Center. For general comments or to submit news for the next edition, contact Franny Howes at 485-7630 or email [allenneighborhood@sbcglobal.net](mailto:allenneighborhood@sbcglobal.net) by **the 12th of the preceding month.**

## Our New Look!

You may notice a striking difference in the newsletter this month. In response to your survey answers, we've redesigned our look, changed our name, and tried some new kinds of content. We've also added more pictures and another round of proof-reading. Let us know what you think!

## Hunter Park Music Fest

Come out to the Park on **Saturday, Aug. 19** for an evening of music, food, & celebration!

**3:45** Ribbon cutting ceremony for walking path, with special city & state guests

**4:30** Big Willy (blues)

**5:45** Ritmo (latin jazz)

**7:00** The Lash (Celtic)



## The Hunter Park Story

### *History of Friends of Hunter Park*

*By BriAnne Havens*

Eastside neighbors may have heard of the Friends of Hunter Park (FHP); however, people may not know how this group came to be. In February and April of 2004, Eastside residents came together to discuss a Master Plan Update for Hunter Park. ANC and the Lansing Parks and Recreation Department co-hosted meetings where participants created a list of ideas for improvements they wanted to see in Hunter Park, including a picnic shelter, a walking path with lights and benches, and a greenhouse for year-round gardening. In response to this interest, an MSU student intern at ANC helped organize neighbors to create a new organization. The Friends of Hunter Park was officially formed on November 17, 2004. Since that time, FHP members have participated in cleaning the park, hosting the first annual Hunter Park Music Fest, and meeting every month to plan activities to bring our neighbors together and keep the park safe and fun for all. The Friends of Hunter Park will have a volunteer meeting on **August 9th** to prepare for the Music Fest (see above); all are welcome to lend their time and talents to this celebration of our park!



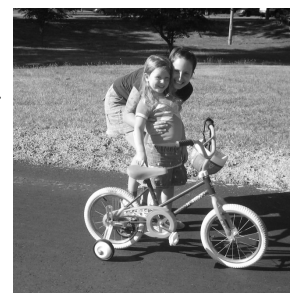
### *Hunter Park Today*

If you have recently traveled Kalamazoo St. by Hunter Park, you may have noticed that the chainlink fence has been taken down. A ½ mile recreational path has been installed along the perimeter of the park. This, along with the Garden House (coming soon), are courtesy of a Cool Cities grant obtained through a cooperative effort between ANC, Lansing Parks and Rec, and Friends of Hunter Park.



### *What Does the Future Hold?*

ANC and FHP are busy planning for the future of these park improvements. The walking path will be the focus of the People's Park Hour, a twice-a-week session that will include numerous walking clubs, sports, activities for kids, and family fun, every Tuesday and Thursday from 9:30 to 10:30 AM. The Garden House will be used by young gardeners to sow and hone their interest in the natural world. It will also be a site for a great variety of gardening-related workshops. Look for more events and weekly activities in the near future.

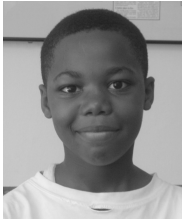


# ANC Update

## Activities and programs offered by Allen Neighborhood Center

### YSC Member of the Month

August's YSC Member of the Month is Calvin Stewart. Calvin is a 6th grader at Fairview School. Calvin was chosen because he is the most improved YSC member. Congratulations Calvin!!



### Kid News from YSC

In June, the youth performed community service at the Mid-Michigan Ronald McDonald House. The services performed included preparing meals for the families, cleaning the house, and making pillows for the kids. The service project was a part of the PeaceJam program, where youth are apprenticed to a Nobel Laureate and perform a service project in their community. Photos of the project are posted on our website.

**Attention volunteers:** YSC is in need of adult volunteers. If you are willing to dedicate a few hours a week to deserving youth, we want you. If interested, contact Rosa at 485-7630 or [ancrosa@sbcglobal.net](mailto:ancrosa@sbcglobal.net).

### Edible Eastside

Join in the fun and food every Tuesday and Thursday morning from 9:30-11:00 AM throughout August. Meet with Kate Nault and K'Anna Burton, our Youth Garden Coordinators, and others at Foster Park to enjoy gardening, games, and a garden themed snack! Contact Kate N. or K'Anna at 367-2468 to learn more.

Celebrate summer bounty at the Allen Street Farmers Market's **Tomato Festival** on Wednesday, **August 23rd**. Enjoy music, tomato-related kids activities, heirloom tomato taste testings and more 'mater madness.

### Wednesday Morning

#### Senior Coffee

(Non-seniors are welcome, too!)

Every Wednesday, 10 AM to Noon

**August 2:** Patrick Baker, candidate for the 68th District State House seat

**August 9:** Board of Water and Light  
A representative will speak about energy conservation.

**August 16:** Cross-Cultural Presentation: Norseha Unin will talk about Malaysia

**August 23:** Antiques Roadshow

**August 30:** Movie and Farewell to Amanda

### ANC would like to thank:

We'd like to give special thanks to these groups and people for making the 2006 Home and Community Tour a success:

- First and most important, our Tour Coordinator **Beth Monteith**, who put months of effort into making this year's Tour the best yet.
- Our major sponsors: **Neogen, National City, Great Lakes Capital Fund, LaSalle Bank, and MSHDA.**
- Supporters: **Sparrow Health System, Comerica, Gillespie Group, Republic Bank, and Dean Transportation.**
- Homeowners: **Marti Wheeler, Suelen Hozman, Tina Brya, Carol Farr, Heather Farr, Vince Villegas, Aaron Hutchins, Lynn Yothers, Jamie Vogle, Katie Donovan, Jeff Throop, Andrea Billups, Steve Miller, Dave Muylle, Christina Neros, Kim Livermore, Matt Smar, J.T. Stout, Harry Hepler, Pat Gillespie, Caralee Swanberg, and Sean Kaczorowski**
- Business owners: **Scott Harris** of Everybody Reads, **Colleen Rowley** of Gone Wired, **Jose Lopez** of Lopez Bakery, **Larry Carr** of Dancing

Crane, and **Miko Fossum** of Magdalena's Teahouse.

- Volunteers: **Nancy Lombardi, Nancy Parsons-Mahlow, Nancy Wonch, Laura Murthum, Pete Bosheff, Delia Thrasher, Tim Madden, Jim Noble, Jennie Grau, Almus Thorpe, Kendall Leon, James Pyle, David Koskinen, Cliff Conrad, Joe Marutiak, Linda Montes, Jolene Veach, Missie Austin, Corey and Matt Jason, Caroline and Frank Lewindowski, Lynn Martinez, John Fierst, Alisande Henry, Kenneth Kawamara, Brian Baers, Amy Damroe, Beth Matthews, Stacy Carol, Nicole Godby, Ivana Marinig, Becky Myers, Karen Olson, Jill Crane, Jennifer Brown, Niki Rose, Mary Minor, Rick Kibbey, Joan Bauer, Carol Woods, and Harold Leeman.**
- Special thanks for a million things to **Gary Novak** of Omnitec Solutions, and also to **Berl Schwartz** of City Pulse, **David Votta** of CADL, **Matt Penniman, Kate Koskinen, Joan Nelson, and all ANC staff.**
- **Ann Francis** and **Judith Bommer** for donations to the YSC.
- **Rachel Kabeta, Hector Swazi, Amy Liel, and Joe Quagliata,** for volunteering with YSC.
- **Drew Howard** for cake donation.
- Farmers Market Volunteers: **Amy Berns, Amy Diehl, Andy LeVoir, Ashley Miller, Brooke Fobes, Corie Jason, Dave Finet, Dave Grant, Doris Soliz Hill, Dylan Dillinger, Jackie Dillinger, Hector Swazi, Jack & Vivian Stauffer, Jeremy Dowsett, Linda Anderson, Mark Edick, Michael Fortino, Michael Pahl, Nicole Badgley, Patty Bebee, Rachel Kabeta, Sanjay Bisht, Yoyo Webb**

# Across the Neighborhood

## Neighborhood News

**Ingham County Parks:** ANC is hosting a one hour forum on August 28th at 5:45 PM to discuss Ingham County Parks, specifically:

- Types of outdoor recreation activities you participate in
- Where you participate in these activities
- If you use Ingham County Parks
- Why or why not you use the parks
- Ideas and priorities for the future of Ingham County Parks

The information gained will be used in the five year master plan for Ingham County Parks Department. Everyone is welcome.

**Kinship Care:** Are you taking care of a relative's child? If so, this group is for you. The next Kinship Care meeting is **Saturday, August 12th from 1:30-3:00** at ANC.

**Friends of Hunter Park:** We will be meeting on Wednesday, August 9th at 6:30 to finalize plans for the Hunter Park MusicFest. If you are interested in planning or in volunteering the day of the festival, please join us!

**PLACE:** Our Neighborhood Potluck is scheduled for Tuesday, August 1st, from 7:00-9:00 PM on the 1500 block of Prospect Street. Come enjoy music, catch up with your neighbors, and feast on great food. Please bring your own table setting, a dish to pass, and meat. Call DelRae at 372-1093 if you are planning to attend and find out what you can do to help.

The 5th Annual Neighborhood Yard Sale will take place on July 21 & 22 from 9:00 AM to 3:00 PM. Nancy and friends will come door-to-door to find out if you will participate, and to collect the \$3.00 fee. Call Nancy McCrohan (220 Allen St) at 372-2472 for more info.

**Prospect Protectors:** Prospect Protectors Annual Block Party is August 1st, starting at 6:30 PM. Please bring a dish to pass and a chair. We'll provide meat, drinks and kid's games complete with PRIZES!

**Dancing Crane Galleries:** Monday Night Artists' Drop-In Life Drawing Sessions with Joy Schroeder will be at Dancing Crane Galleries, 2312 E. Michigan Ave., beginning on June 12th from 7:30-10:00 PM. They will run through the summer and year-round as usual. There is no instruction, but models are provided. Cost is \$5.00, \$3.00 for students. Contact Joy at 897-0302 or joy\_schroeder@sbcglobal.net.

**The Garden Project:** The Garden Project is seeking gleaning volunteers to help harvest surplus produce. Volunteers work on an "on call" basis, generally harvesting on weekday mornings. The four-month gleaning season begins in July. September and October are the busiest months. The fresh produce is distributed to food pantries, human service organizations, and to residents of subsidized housing. Volunteers may keep some produce for their own household use. For more information, contact The Garden Project at 887-4660 or [gardenproject@ingham.org](mailto:gardenproject@ingham.org).

## New from Lansing Schools

When the new school year begins on September 5, there will be many new faces in Eastside schools as four of the six have new principals. **Mr. Shannon Kahne** is the new principal at Resurrection, **Ms. Synthia Taylor** is presiding over Pattengill Middle School, and **Mr. Perry Baker** will take over at Fairview. The principal for Bingham Elementary is yet to be announced.

**Kindergarten Enrollment:** To enroll your kindergarten student for the 2006-2007 school year, they must be five years old by December 1, 2006. You must bring an original birth certificate, an up-to-date immunization record, and proof of residency to the PACE office located at 500 W. Lenawee, Rm. 132 between 7:30-4:30 Monday through Friday. For more info, call 325-6180 or visit [www.pace.lansing-schools.net](http://www.pace.lansing-schools.net).

**Eastern:** Eastern High School will have its annual "Freshman Orientation and Book Picture Day," on August 28<sup>th</sup>, from 8:00 to 12:00 PM. Freshmen will have the opportunity to get their pictures taken, tour the school, get their books and get a head start on their high school experience. Their first class picture will be taken and a picnic will be provided for the entire freshman class. Come out and enjoy the Quaker experience. Parents will also have an orientation provided in the Social Room at 8:30 PM. All are encouraged to attend. Upperclassmen are welcome to attend "Book and Picture Day," after 1:00 PM. This will give you the opportunity to make changes to your schedules, have your picture taken and get all your books. Get a head start!

**Resurrection:** Resurrection is now registering students for kindergarten through 8th grade. Come check us out at 1527 E. Michigan Ave or call 487-0439 for more info.

Save the Date!!! Saturday, August 26, 2006 is the 2<sup>nd</sup> Annual Shamrock Invitational. It begins at 9:00 AM with a Shotgun Start at the Meridian Sun Golf Club, located at 1018 Haslett Road, Haslett. All proceeds of the event will help to ensure the long-term future of Resurrection School. Contact John Harvey at (517) 482-4126 to register.

# Growing in Community

The People and Groups Making a Difference On the Eastside

## Work of Christ Community

The Work of Christ is a Christian community that includes 23 families living on the Eastside. We talked to Janice Munk, a long-time member.

**EN:** Why the Eastside?

**JM:** We chose to come because other families from the Work of Christ had moved here – housing was very inexpensive. My husband and I thought of this as a five-year house, but it's been over 20 years because it's turned out to be a wonderful place to live. We didn't know that coming in.

**EN:** What is the Work of Christ community?

**JM:** It's an ecumenical Christian group made up of people from many different churches: Catholic, Orthodox, Lutheran, Presbyterian, Free Church, and others. We grew out of a charismatic prayer meeting in the late 60's and early 70's that met at the Catholic student center. We talked about staying together in community, and decided to make a covenant commitment to each other and to God. We're trying to be disciples of Christ and live a Christian life in a consistent and supported way.

**EN:** What's your approach to neighborhood development?

**JM:** We don't have an official approach, but many of our members are active in their neighborhoods. Personally, I can say that knowing your neighbors makes an enormous difference in your quality of life. We get to know more people in the neighborhood because of our relationships with one another. Relationships build relationships!

To learn more about the Work of Christ, visit [www.workofchrist.com](http://www.workofchrist.com).

## Where Do You Shop?



### DID YOU KNOW?

- Independent businesses contribute to the character of our community by offering a more diverse selection of goods and services.\*
- When you shop at locally owned businesses, your money is re-circulated and creates up to 75% more tax revenue for our community and state.\*
- Independent businesses raise the standard of living in our community. They take their profits and buy products and services from other local businesses, creating more tax revenues needed for our community to thrive.\*

***Give our unique Eastside shops your business. They are a big part of the neighborhood!***

Learn more about local shopping on the web at the Dancing Crane sponsored [www.ontheeastside.org](http://www.ontheeastside.org)

*\*from AZCR.org*

## Fond Farewell and Warm Welcome

By Judith Bommer, Food Team Leader

Changes abound as **Amee Miller**, Allen Street Farmers Market Manager and Bingham Kids Gardening Coordinator and **Daniel Stanaway**, Bread Basket Program Coordinator, Eastside Neighbor editor and one of our downstairs I&R guys, will be heading for the world beyond the neighborhood.

Amee is moving to the Chicago area at the end of August to pursue a Masters

of Divinity at Garrett-Evangelical Theological Seminary in Evanston, IL.

Dan is leaving at the end of July, moving to Kalamazoo to spend time gathering, reflecting, and pondering the next step while in the warmth of his girlfriend's company.

As Food Team Leader I wish them harmony bells and no black sticks. What a great pair of foodies! It has been my good fortune to work with these two innovative, energetic and willing VISTA volunteers this past year. We will miss them. From all of us we wish them love & happiness in their new endeavors.

As the VISTA program continues to send a new crop of visionaries each year, whose efforts are ultimately reflected in the programs of the ANC, we welcome and look forward to working with the new group entering ANC right now.

**Julia Herzog**, an Eastside resident and recent graduate of MSU in psychology and studio art, brings experience in volunteer recruitment and management to the Food Team. **Sanjay Bisht**, a graduate in packaging with a wealth of experience in environmental stewardship and international studies, will work with Youth Service Corps and with organized neighborhood groups on improving the "built" environment of the area. **Jennifer Hoffman**, another Eastside neighbor and ANC volunteer for the last six months, will be continuing her work on the Urbandale Project and with the Health Team. **Franny Howes**, a graduate in social relations and film studies, will work with the Communications Team on the newsletter, website, and more. Please say hello to these folks and welcome them when you see them!

# Community Builder's Toolbox

Ideas and Information for Strengthening Neighborhoods

## Tell Your Story

The Capital Area Community Media Center is presenting four workshops on using media effectively in the month of August. Each will be from 7 to 9 PM. The events are open to all area residents, with a limit of 15 total. To reserve a spot, contact Matt at 367-2468 or penniman@gmail.com, and *Tell Your Story*...

... to your friends and coworkers

### August 1: Communicating Effectively with PowerPoint

Allen Neighborhood Center  
1619 E. Kalamazoo St.

PowerPoint is a powerful computer program for presenting your ideas and images in a slide-show format.

... to the world

### August 10: Putting Your Thoughts Online

Black Child and Family Institute  
835 W Genesee St

Ready to get started with making your own web site? Learn about blogging, or making a web journal, and how to format text on the web.

... on the job

### August 17: Resume and Cover Letter Workshop

Gone Wired Café  
2021 E. Michigan Ave.

Bring your resume and cover letter for a writing workshop to help present your strengths and talents on paper.

... in your voice

### August 24: Creating a Radio Show for Broadcast or Podcast

MSU Writing Center  
300 Bessey Hall, on campus

Learn the basics of recording music, talk, or interviews at home, and how to distribute them online. Some computer experience recommended.

## Educational Options

There are many programs provided by the Lansing School District for your child, whether they're preschool rookies or high school veterans.

### Free Preschool Programs

The **Head Start Program** is a preschool program for children aged three to five in low-income families. Students can participate in a number of educational activities, receive free medical and dental care, eat healthy meals, and play in safe, constructive environments. For more information, contact the Capital Area Community Services Head Start office at 482-1504.

The **Montessori Classroom** allows your child to choose their own activities and learn at their own pace through the use of all five senses. Classes are offered Monday through Thursday mornings or afternoons in 2 hour and 45 minutes increments. The Montessori Classroom is located at Wexford Elementary.

The **Chinese Immersion Classroom** allows students to be fully engrossed in two cultures, English and Chinese. Classes are full day, Monday through Thursday, throughout the school year at Post Oak Elementary. For half the day, students are in a Western classroom, speaking English and learning through problem solving. For the other half, students are in an Eastern classroom where Chinese language, culture and customs are taught. This new program will continue to grow as its students enter elementary school.

The **Traditional Classroom** offers lesson plans intended to teach basic social and academic skills needed at higher levels of education. Children learn social/emotional, intellectual, language, and literary skills through play. The full day traditional classroom is offered at the Harley Franks Early

Childhood Center, Cumberland Elementary, and Grand River Elementary. Half-day programs are offered through Harley Franks Childhood Center, Lewton School, and the Sheridan Road School.

For the Montessori, Immersion, or Traditional Classroom programs, your child must be four years old before December 1, 2006, a resident of the Lansing School District, and must meet two of the eligibility criteria. Call 325-6242 or log onto <http://preschools.lansingschools.net> for more information.

### High School Programs

Eastern High School continues its tradition of academic excellence by starting the **International Baccalaureate Program** this school year. This rigorous college prep program provides students with the academic skill to succeed in college and compete in the global marketplace. Only four other schools in the state hold this distinction!

Free **vocational programs** offered at the Hill Center for Advanced Technology are designed for high school age students. They give students real-life experience in various trades and occupations. Fourteen programs are available, including automotive, construction, health careers, communications, and many others.

The **CRAFT Program** offered at Eastern High School varies from these vocational education classes. The CRAFT (Career Readiness and Fitness Training Program) program assists students in preparing for their first job through resume design, developing interview skills, and teaching employability skills such as punctuality, good attendance, work ethics, responsibility, and good working skills. For more info, contact Mrs. Reemsnyder at 325-7403.

# HEALTHY NEWS!

A publication of Allen Neighborhood Center 1619 E. Kalamazoo Lansing, MI 48912 (517) 485-7630

August 2006

## Introducing the **People's Park Hour** at Hunter Park

If you haven't noticed the buzz around Hunter Park lately, you've missed quite a bit. The fence is down and the walking path is in. There is hardly a time during the day or evening when someone isn't jogging, biking, or rollerblading around the 8 foot wide asphalt path. Just under a 1/2 mile long, the path winds through the 13 acre park from corner to corner, passing the playgrounds, basketball courts, and around the tennis courts. Eventually, it will run right by the Greenhouse, slated for construction very soon.

In celebration of the spectacular new path and the increased activity it brings to the park, the Allen Neighborhood Center is offering the **People's Park Hour**, twice per week. Starting August 1st, a staff member will be in the park on Tuesdays and Thursdays from 9:30 AM - 10:30 AM. We'll be available to walk with you, bike alongside you, or chat during a game of frisbee.



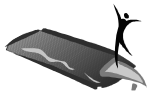
We hope to bring some basic sports equipment along with us, so you needn't pack your whole gym bag. We are currently seeking donations of gently used soccer balls, basketballs, tennis rackets, baseballs and gloves, frisbees, etc. Call Monica at 367-2468 to donate. In addition to the courts, the park has lots of wide open spaces so there's room for games of any kind.



The park is bright and sunny, and the path is wide and smooth. It is an environment built for everyone. Bring the whole family over and enjoy some time together in the park. We regularly see walkers and bikers of all ages. So strap on the helmets and bring over the kids and their tricycles, training wheels, strollers or wheelchairs.



We would like to hear from you about any changes you have seen in the park this summer, or if you have any suggestions about what activities we could organize in the park. If you see our staff at the park (you'll know us by our bright green shirts), please let us know your thoughts and ideas.



Wondering what's up with the pool? Here's the scoop. The repairs that were supposed to be done this summer made the situation worse, and the pool will have to remain closed until next year. Until then, you'll have to cool off with the sprinkler or visit the Moore's Park Pool.

**Remember, look for our staff in the park every Tuesday and Thursday from 9:30-10:30 am and join us for a walk, ride, or game. See you in the park!**

**Good health is contagious. Catch some on the Eastside!**



## Healing Foods Highlight: Herbs

For thousands of years, people have used herbs to flavor food, make tea, and treat diseases. It turns out they knew what they were doing. In 2002, researchers from the US Department of Agriculture found that herbs have high levels of antioxidants, making them cancer-fighting foods.

Among the herbs with the most kung-fu anti-cancer power, oregano ranked highest, with dill, thyme, rosemary, and peppermint following close behind.

So slide some peppermint into your smoothie, toss some thyme into your salad, or add extra oregano into your spaghetti sauce. Your body will thank you for it.



Want to Quit Smoking?

ANC Can Help.



In September, the ANC smoking cessation program will once again kick into high gear. Our counselor will be available for individual counseling, group sessions, and distribution of Nicotine Replacement Therapy (like the patch and gum).

If you are a smoker interested in quitting, or know someone who is, call Monica for more information. 367-2468. All services are free of charge.

## Kids Corner

### Hunter Park Music Festival!

Saturday, August 19 from 3:45-8:00 pm

Join us for music, food, and fun at the park. We'll kick off with a ribbon cutting ceremony to celebrate the new greenhouse and walking path. After that, enjoy a variety of music by local bands. It is a free, family friendly event to show off our beautiful park and friendly neighbors.

Bring some lawn chairs, sunscreen, and the whole family to enjoy this exciting day at the park.

## August Calendar

*Please verify all event information and registration requirements before attending.*

- 3 **Quit Tobacco Support Group** 7-8 PM, call for details.
- 12 **Kinship Care Support Group** 1:30-3:00 PM at the Allen Neighborhood Center. A support group for those caring for a relatives child. Snacks and child care are provided.
- 10 **Community Grief Support Group** See below.
- 17 **Quit Tobacco Support Group** 7-8 PM, call for details.
- 15 **Over the Counter Medicines** Available from 1-6 PM, for 48912 residents only. Free of charge.
- 19 **Hunter Park Music Festival 3:45-8:00 PM** See left for details.
- 27 **Grief Support Group** See below.





### Ongoing Events

- ANC Bread Basket** Tuesdays from 1-6 pm at ANC. Come every Wednesday for free bread.
- ANC Farmer's Market** 2:30-6:30 pm in the parking lot on the corner of Allen and Kalamazoo. Food Stamps and WIC Project Fresh are accepted.
- Free Breast and Cervical Cancer Screening** For women 40+ with low/moderate incomes or enrolled in IHP. Call 887-4364. *Call ANC if you need transportation.*
- Breast Cancer Support Group** IRMC Breslin Center, 4th Thursday of the month, 334-2163.
- Breast Self-Exam Clinic** Free Sparrow program. Call 364-2689 or 364-2688.
- Car Seat Checks** at Sparrow Hospital. For dates and times, call Kathy at 517.321.6622 or Mickie at Sparrow Trauma Services, 517.364.2616
- WINS** Sparrow breast cancer support group, 2nd Monday of the month. 364-2780.
- Nicotine Anonymous** 12-step support group. Call Kathy at 627-9606.
- Grief Support Group** 4th Monday, 1:30-3:30; For location and information call 882-4500.
- Community Grief Support Group** 2nd Tues., 6:30-8:30 pm. For information call 882-4500.

*Healthy News is published by the Allen Neighborhood Center and is made possible by support from the Ingham County Health Department and the Komen Foundation. For input about the newsletter, please call 367-2468 or email [ancmonica@sbcglobal.net](mailto:ancmonica@sbcglobal.net).*

# August 2006

A  
Calendar of  
*Eastside*  
Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>August is... National Water Quality Month</i> 	<i>August is... Peace Month</i> 	<i>1</i> <b>BB:</b> 1:00-6:00 <b>YSC:</b> 1:30-3:30 <b>PP:</b> 6:30 <b>PLACE:</b> 7:00	<i>2</i> <b>SC:</b> 10-noon <b>FM:</b> 2:30-6:30	<i>3</i> <b>YSC:</b> 1:30-3:30 <b>FAIR:</b> 7:00	<i>4</i>	<i>5</i>
<i>6</i>	<i>7</i> <b>EMJ:</b> 8:00-11:00	<i>8</i> <b>BB:</b> 1:00-6:00 <b>YSC:</b> 1:30-3:30 <b>PLACE:</b> 6:30	<i>9</i> <b>SC:</b> 10-noon <b>FM:</b> 2:30-6:30 <b>FHP:</b> 6:30	<i>10</i> <b>YSC:</b> 1:30-3:30	<i>11</i>	<i>12</i> <b>Kinship Care:</b> 1:30-3:30
<i>13</i>	<i>14</i> <b>EMJ:</b> 8:00-11:00 <b>Potter Walsh:</b> 6:20 Fellowship Baptist	<i>15</i> <b>BB:</b> 1:00-6:00 <b>YSC:</b> 1:30-3:30	<i>16</i> <b>SC:</b> 10-noon <b>FM:</b> 2:30-6:30 <b>FYN:</b> 7:00 Foster	<i>17</i> <b>YSC:</b> 1:30-3:30	<i>18</i>	<i>19</i> <b>Hunter Park Music Fest:</b> 3:45 to 8:00 PM
<i>20</i>	<i>21</i> <b>EMJ:</b> 8:00-11:00	<i>22</i> <b>BB:</b> 1:00-6:00 <b>YSC:</b> 1:30-3:30	<i>23</i> <b>SC:</b> 10-noon <b>FM:</b> 2:30-6:30	<i>24</i> <b>YSC:</b> 1:30-3:30	<i>25</i>	<i>26</i>
<i>27</i>	<i>28</i> <b>ANC Board:</b> 4:30 <b>Ingham Parks Forum:</b> 5:45 <b>EMJ:</b> 8:00-11:00	<i>29</i> <b>BB:</b> 1:00-6:00 <b>YSC:</b> 1:30-3:30	<i>30</i> <b>SC:</b> 10-noon <b>FM:</b> 2:30-6:30	<i>31</i> <b>YSC:</b> 1:30-3:30	<i>August is... Happiness Happens Month</i> 	<i>August is... Family Fun Month</i> 

**YSC=** Youth Service Corps  
**SC=** Senior Coffee  
**BB=** Breadbasket  
**ENO=** Eastside Neighborhood Organization  
**PP=** Prospect Protectors  
**TCK=** Tuesday Chess Knights at Gone Wired Cafe  
**FYN=** Foster Your Neighborhood Assoc.  
**QT=** Quit Tobacco Support group  
**FHP=** Friends of Hunter Park  
**EMJ=** Eastside Musician's Jam Session at Magdalena's Teahouse  
**FM:** Allen Street Farmers Market  
**All events at ANC unless otherwise indicated**  
*Call 485-7630 for information.*