

The Eastside Neighbor

A publication of Allen Neighborhood Center

1619 E. Kalamazoo St., Lansing, MI 48912 — (517) 367-2468

www.allenneighborhoodcenter.org

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February 2007

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Neighborhood Meetings

- **February 1: FAIR Neighbors** 7:00, ANC
- **February 6: Friends of Hunter Park** 6:30, ANC
- **February 7: ENO** 7:00, Room 213, Foster Center
- **February 8: Holmes St. School Community Association** 6:30, ANC
- **February 12: Potter Walsh** 6:20, Faith Fellowship Baptist Church
- **February 19: Prospect Protectors** 6:30, ANC
- **February 21: Foster Your Neighborhood** 7:00, Foster Center
- **February 22: Green Oaks** 6:00, Christ Lutheran Church

The Eastside Neighbor is a publication of Allen Neighborhood Center. For general comments or to submit news for the next edition, contact editor **Franny Howes** at 999-3916 or email her at ancfranny@gmail.com by the 12th of the preceding month.

Thank You, Eastside!

Last month, ANC witnessed an amazing outpouring of support for the Davis family, who experienced a catastrophic house fire on Dec. 6. As soon as word got out, donations of all sizes poured into the center. Thanks to the generosity of the community, and in cooperation with Everybody Reads bookstore, we were able to raise over a thousand dollars in the first day, followed by even further generous donations, such as \$500 in gift cards from Meijer!

Colleen Davis is the proprietor of **Gone Wired Café** at 2021 East Michigan Avenue; the café is a hotspot for community meetings, hosted there at no charge. Colleen has also recently added a full kitchen, with a diverse and exciting menu. As a way to thank the many people who reached out to her and her family in their time of crisis, she is holding a special community appreciation dinner on **Friday, February 9th, from 5:30 to 7:30** at the café. Come sample treats from the new kitchen and let Colleen thank you herself for your amazing support.

A Special Letter from Colleen Davis

*Dear Friends,
Thank you for all of the love and support you have shared with our family during this difficult time. We are very fortunate to have so many caring hands hold us up when we felt so down. It is truly impossible to feel sorry for yourself when you have so many people helping you, and it is because of all of you that we had very happy holidays and started the new year with renewed spirits. We would love to thank all of you personally, and it is in your honor that we are hosting an Eastside celebration party on February 9th. Please join us for dinner and let us thank you for the joy that you have brought to our lives.*

*Thank you,
Colleen, Cameron, and Claudia Davis*

Pattengill School Grand Opening



The new Pattengill Middle School celebrated its grand opening on January 14th. Students moved into the beautiful state-of-the-art building on the 16th. Public open

houses will be held from 6:00 PM to 8:00 PM on February 6th and 20th, and at the same times on March 1st and 15th. Above, Principal Synthia Taylor thanks Lansing for the “gift of possibilities.” Below, the façade for the new performing arts center. See page 4 for more pictures from the opening ceremony.



Free Tax Assistance— Get Your EITC Refund

Free Tax Services

Tax season is approaching and the Asset Independence Coalition (AIC) is here to help. Tri-County residents with low to medium income can have their taxes prepared free of charge at one of our locations. Rather than spend \$200 to have your taxes prepared by a rapid refund lender, take advantage of free tax preparation offered by the AIC and get your refund back in no time. You may qualify for the Earned Income Tax Credit (EITC) and/or other state and federal tax credits. Don't wait until the last minute. Please call the Capital Area Human Services Connection today.

(Continued on page 4)

ANC Update

Activities and programs offered by Allen Neighborhood Center

Kid News from YSC

By Rosa Robinson, YSC Coordinator

Hello everyone! We hope you had a wonderful holiday. Looking back, 2006 was a very exciting year for YSC. The youth attended the International PeaceJam Conference in Denver to meet the Dalai Lama and ten other Nobel Laureates. We hope to continue to do exciting and life-changing programming with them in the coming year, and the years ahead.

If you have any questions about the program, feel free to call Rosa at 999-3910, or stop by ANC during our business hours, 9:00 AM-5:00 PM, Monday through Friday.

YSC would like to thank: Calvary Ministries, U.S. Marine Corps Reserve, Walmart, Kentucky Fried Chicken, McDonald's, Youth Development Corps, the Red Cross, and Francine Watts for their donations; and Shamika Askew, Amanda Adsit, Rachel Inwald for volunteering.



Our YSC Member of the Month is Andrew Muylle.

Andrew is a 6th grader at Pattengill school. Andrew was chosen for his ability to complete tasks and work well with others. Congrats Andrew!

Don't Be a Stranger, Joe!

This month, ANC would like to give a special thank you to Joe Marutiak, who is leaving the our board of directors after several years of outstanding service. First as a representative of PLACE Neighborhood and later as an at-large member, Joe headed our personnel subcommittee and provided invaluable leadership on countless projects. Thank you, Joe, for your generous and thoughtful contributions to ANC and the Eastside.

Wednesday Morning

Senior Coffee

(Non-seniors are welcome, too!)

Every Wednesday, 10 AM to Noon

February 7: Megan McCullen of the MSU Anthropology Department will present on Michigan archaeology and her own work in the field.

February 14: Michael Unsworth, Assistant Director of the MSU Canadian Studies Centre and Humanities Librarian, will present on the use of balloons by Japan during World War II.

February 21: Cross-cultural presentation courtesy of MSU's Volunteers for International Programs.

February 28: Sue Patterson, a docent from MSU's Kresge Art Museum, will be presenting a slide show on their latest exhibit, *American Images*, which celebrates Americans at work and leisure in the first half of the 20th century.

ANC extends a thank you to...

- Granger Foundation, Reid Foundation, and Edgewood Church for generous support of the Youth Service Corps as it expands into brand new areas in 2007.
- Eric Schertzing, Ingham County Treasurer, for his support of our Housing Services Program.
- Dawn Jazowski, an MSU intern, and several staff members for compiling data for the ANC Staff/Board Planning Process.
- Bruce Bragg, retiring Director of the Ingham County Health Department, for five years of serious and generous support of our Health Outreach Program. Bruce has been a strong and consistent champion of neighborhood-based engagement, planning, and service delivery. Thank you, Bruce, for your visionary leadership; and best wishes for an enjoyable retirement.

Congratulations to Health Team Leader Monica Kwasnik and her husband, Steve Kwasnik, on the birth of their new baby boy, Gustavo Jose Kwasnik, on December 22nd.

Spotlight on Kinship Care

Allen Neighborhood Center's Kinship Care Support Group meets the second Saturday of every month from 1:30-3:30 PM. Kinship families are any family that includes a relative raising another relative's child—most commonly, grandparents raising their grandchildren. The group is run by Francine Watts, a volunteer and kinship caregiver herself.

This is a welcoming and safe group where you are free to:

- share concerns related to your family
- make connections with other kinship families
- receive information about kinship resources
- enjoy free snacks and childcare while you share a few hours with other kinship caregivers
- attend informational workshops about kinship issues
- gather kinship family resource and legal information

To become involved with the program, please contact Allen Neighborhood Center at 367-2468 ext. 2007 with your name, phone number, if you will need childcare and the number of children, and our volunteer coordinator of the program, Francine Watts, will get back to you as soon as possible.

New ANC Staff: Janet Kincaid Smith

Janet is the new Administrative Assistant to Joan Nelson. Among other things, Janet will be managing the administrative functions of the center. Janet lives on Regent street and recently relocated to Michigan from Maryland with her three children. Welcome, Janet!

Across the Neighborhood

Neighborhood News

Lansing's Eastside is packed wall-to-wall with neighborhood organizations. We feature updates on their activities, along with other local groups, in this section of the Eastside Neighbor. If you are interested in finding out about your neighborhood's activities, please feel free to call Allen Neighborhood Center at 367-2468 and speak to the Information and Referral team.

PLACE: Congratulations to the winners of the 2006 Christmas Decorating contest. First place goes to 310 Allen, second place to 209 Clifford and third place to 109 Allen. We would especially like to thank Papa Johns Pizza on MI Avenue for donating the prizes. Please let them know you appreciate their supporting our neighborhood.

We will not meet in February. Our next neighborhood meeting will be on Tuesday March 13, 2007 6:30 PM at the Allen Street Neighborhood Center. Come help plan our spring and summer activities! See you there!

Friends of Hunter Park will be meeting on Tuesday, February 6th, at 6:30 PM at ANC.

Prospect Protectors will meet on Thursday, February 15th, at 6:30 PM at Allen Neighborhood Center. Please note: the meeting will be held upstairs as not to conflict with the Quit Tobacco support group meeting downstairs. Come and enjoy a delicious dessert and help create the neighborhood you want! Bring a neighbor! Contact Corie at 482-8756 with questions.

The Potter Walsh Neighborhood Association will meet next in February on Monday the 12th at 6:20 PM at the Faith Fellowship Baptist Church on the corner of Lathrop and Walsh.

Foster Your Neighborhood will hold a General Membership Meeting from

7:00 to 8:30 PM, Wednesday, February 21. Monthly meetings are the third Wednesday of the month from 7:00 to 8:30 PM at Foster Community Center.

Holmes St. School Community:

Mission Statement: To continuously strive to build a safe, productive, fun & friendly haven for our families and neighbors.

Core Values: To watch, inform and help our neighbors as we would friends and family members; to continuously build pride and awareness in our neighborhood; and to promote activities that the whole neighborhood can enjoy and grow with.

The Holmes Street School Community Neighborhood Association is official as of December 11th, 2006. We would like to thank the East Side and others for their warm welcome. Our meetings for now are at Allen Neighborhood Center at 6:30 PM on the second Thursday of the month. Please look at our web site, holmesstreetscholcommunity.com, for current information. We hope to soon have yard signs with information with date, time, and location information for meetings that we will place as reminders each month. We will continue to keep everyone updated with the web site, and pass out flyers with any important news outside of our normal meetings.

Bea Christy Dinner: Nineteen years ago, the Lansing Neighborhood Council hosted a dinner to honor and thank unsung heroes of neighborhoods: The Bea Christy Awards Dinner. Every year around Valentine's Day, neighborhood people, family, friends, and city officials gather to share a meal and highlight the fine work these neighbors continue to do. The dinner is a testament to the idea that one person does make a difference. This year's Bea Christy dinner is on Friday, February 23rd at the Lansing Neighborhood Center beginning at 5:30 PM. The ticket price is \$16.00 per person. If you have any questions please call our office at 372-6290.

News from Eastside Schools

Bingham Elementary: Bingham Bulldogs continue to "Max It" with great excitement for the second semester.

We are excited about many of the plans that are coming to fruition. The Fifth Grade Class is planning a field trip to Washington, D.C. in May. They will leave Lansing and travel to Gettysburg, Philadelphia, DC and Virginia. Please help us in this major endeavor to give our children the necessary experiences for them to become world leaders.

Another milestone for us will be the participation of our students in online courses with University of Michigan Flint where they are able to receive Certificates of Completion in Word, Publisher, Powerpoint and Excel. This is the first phase of the college preparatory program being instituted at Bingham. Maximizing our potential is definitely our theme. Come by and watch us grow!

- Friday, February 2, 2007 at 1:30 PM the PTA is providing an end of the month reward "Black Inventors Traveling Exhibit" assembly for students with good academic performance and great behavior.
- Friday, February 2, 2007 at 1:30 is the Awards Assembly for excellent academic progress.
- Friday, February 9, 2007 is the annual Valentine's Dance.
- Thursday, February 22, 2007 at 5:30 the parent's night will be held at Impressions Five Museum for the Bingham Science Fair and Black History month program. The public is invited.
- March 8, Parent Night will highlight the school's Calberry participants.

Please join us for one of our activities and a great thank you to all our partners that assist our parents and students during the year.

Growing in Community

The People and Groups Making a Difference On the Eastside

Corridor Improvement Authority Proposed to Help Michigan Avenue

The Lansing Economic Development Corporation will be presenting the "Corridor Improvement Act" to the public: it is a community development strategy that would create a group with members from Lansing, Lansing Township, and East Lansing that could work together to improve the East Michigan Avenue corridor.

Brian Anderson of the LEDC will be giving a presentation on how this could work here in Lansing at the February 7th ENO meeting, as well as several other public meetings.

If you want to find out more about this or a schedule of where and when you can see Brian's program, please call Kate Koskinen at 999-3923.

Tax Assistance

(Continued from page 1)

Where: Call 337-8211 in Ingham County, or (866) 361-8211 in Clinton or Eaton Counties to make an appointment for free tax preparation.

When: Today until April 14th

Who to Call: Contact Matt at the United Way's Capital Area Human Services connection to register for an appointment at one of our various sites throughout the Tri-County Area.

Free Tax Preparation for Low and Moderate Income Seniors

The Tri-County Office on Aging (TCOA) and AARP are working together to provide free tax preparation assistance for low and moderate-income older adults in the Greater Lansing Area. Seniors may be eligible for tax credits even if they do not pay taxes but need to complete necessary tax forms to receive these funds. The closest site available to Eastsiders is at TCOA's Lansing office (887-144) but there are also East Lansing, Mason, Charlotte, and North Lansing sites.

Federal and state returns will be filed electronically, so customers with refunds will receive them in the shortest possible time. As the 2006 tax year comes to an end, keep in mind that this free tax preparation service is available. All of the sites will begin preparing tax forms on February 1, 2007. Appointments are needed and can

Calvary Fellowship Food Pantry

By Matt Penniman

Just down the street from ANC, at 1611 E. Kalamazoo St., a neighborhood church is reaching out to the community. Calvary Christian Fellowship and its pastor, Jim Dunn, are offering a twice-monthly food pantry to neighbors in need. Participants get a free bag of groceries, with items like cereal, pasta, hamburger helper, cookies, chips, canned fruits and vegetables, peanut butter and sometimes hamburger or pork.

The food pantry will happen on the first and third Thursday of every month, from 12 noon to 2:30 PM. On those days, the church will also serve a free lunch of hot, homemade soup. Dates include Feb. 1, Feb. 15, March 1, and March 15. Those in need who can't make it at these times can come to one of the church's regular services (Sunday mornings at 11 AM, Wednesday evenings at 7 PM) and take home some groceries afterwards.

We talked with Pastor Jim about Calvary Fellowship, his approach to doing church, and his time in Lansing. He moved here two years ago from Tallahassee with his wife to start a church. His wife is originally from Lansing and he is from Charlotte, but he was studying to be a minister in Florida. Their church started as a home



Congratulations, Pattengill Community! Above, Dr. Sharon E. Banks, Superintendent of Schools, leads the ribbon-cutting ceremony; below, three Lansing mayors give their remarks to the gathered students, staff, parents and friends.



Bible study in a house on the South side, but it outgrew the space and they had to find somewhere new. He looked at an empty storefront here on Kalamazoo, and told us, "When I walked in the building for the first time, I knew it was home. This was where God had prepared my heart for." He doesn't believe in "crystal cathedrals" and told us that his church is very casual. No one should ever be afraid of spilling kool-aid on the carpet, because "it's just a building. It's a church because of what we do here." Jim told us, "We are a non-denominational, contemporary, casual, family oriented church. Our services focus on teaching the Bible in an easy, understandable way. We welcome any and all to come check us out!"

Note: Allen Neighborhood Center does not promote one church or faith over any others. We periodically profile churches and other religious groups that are important to the neighborhood, using their own words.

Community Builder's Toolbox

Ideas and Information for Strengthening Neighborhoods

From the Desk of the Housing Advocate

By Jason Weller

Facts on Foreclosure

If you are having problems making your mortgage payments you are not alone. Last year there were over 1150 sheriff sales in Ingham County.

Our county is not alone in dealing with high foreclosure rates. Michigan is 7th in the country for foreclosures. And the numbers are rising at a disturbing rate.

A recent study found that 66% of people who go through the foreclosure process never contact their lender, or local housing counseling agency to ask for help.

Whether you are behind on your taxes or your house payments, assistance is available. And the sooner you ask for help, the better.

Allen Neighborhood Center offers foreclosure prevention counseling. If you would like more information, please contact Jason Weller at 999-3913 or via email at jasonw@allenneighborhoodcenter.org

City of Lansing Home Rehabilitation Loan

If you are a homeowner looking to fix up or do some home repairs the city of Lansing is still looking for applicants for its Single Family Housing Rehabilitation Program. For more information contact Jason Weller at the number listed above.

Attention Eastsiders!

Meals on Wheels is desperately in need of volunteers. Without additional help, older adults will have to be put on a waiting list for the program. If you can volunteer an hour of your day once a month at noon, please contact the Greater Lansing Tri-County Office on Aging at 887-1460.

Good Neighbor Bulletin

In January, Allen Neighborhood Center launched a monthly email called the *Good Neighbor Bulletin*. This email will feature ideas and opportunities for improving the quality of life on your block. If you sign up to receive this email, you will learn how to organize a block party, reduce utility bills by increasing energy efficiency, plant a garden, repair your porch and many other possibilities. (Let us know if you have ideas!) There will also be brief announcements about resources, grants, and learning opportunities that support active neighboring.

Look for E-Bulletin highlights in this column every month...

If you would like to receive the *Good Neighbor Bulletin*, please call Jason at 999-3913 or email him at jasonw@allenneighborhoodcenter.org.

Excerpt from January E-Bulletin: Energy Efficiency Workshop

Weatherizing your home and making it more energy efficient can be as easy as sealing up drafty windows, changing a few light bulbs, and turning off the lights when you are not using them. If you would like to learn the basics of weatherizing your home (including sealing, caulking, insulating, and much more) and making it more energy efficient, then we have an opportunity for you:

Allen Neighborhood Center, in collaboration with Urban Options (www.urbanoptions.org), is offering a free training on home energy efficiency: "How to Achieve Energy Savings". The training will be on Thursday, February 15th, from 6:00-8:00 PM at Foster Community Center. To sign up for this training, please contact Jason Weller at the number listed above. Space is limited, so please sign up early!

Free energy saving items will be given away at the training!

\$280,000 Available to Community and Faith-Based Organizations

We've all been there: working with an organization that is doing great work to strengthen our community, but running into the same barriers over and over: lack of money, inexperienced leadership, clunky technology, or worse. Thanks to the Power of We Consortium (PWC), we now have an opportunity to overcome these barriers. The PWC has created a capacity building program for community and faith-based organizations in Ingham County that includes specialized training, hands-on technical assistance (i.e., mentoring or coaching), and **\$280,000** in capacity building grants.

All charitable community and faith-based organizations serving Ingham County are eligible for the program, whether they have 501(c)(3) status or not. That includes churches, neighborhood associations and watches, social service agencies, or other nonprofit organizations.

Just for applying for capacity building assistance, your organization will get lots of free stuff. The PWC is offering all applicants—whether they are selected to receive grants and technical assistance or not—access to over \$550 worth of training workshops, unique networking opportunities, a free web site, web site development training, and grant writing training. And to help your organization complete the application, the PWC is offering pre-application workshops and individualized application assistance.

The program request for applications will be released shortly, and applications will be due in late February. For more information or to get an application packet, go to <http://www.powerofwe.org/capacitybuilding.html> or contact Wendy Duke-Littlejohn (887-4397 or wduke@ingham.org).

HEALTHY NEWS!

A publication of Allen Neighborhood Center 1619 E. Kalamazoo Lansing, MI 48912 (517) 367-2468

February 2007

Breast Cancer rates decrease more than ever before!

A recent study showed that the largest ever decrease in the number of women diagnosed with breast cancer happened in 2002. This decline is thought to be largely due to women stopping the use of Hormone Replacement Therapies (HRTs) during menopause.

There was an overall 7% drop in breast cancer incidence between 2002 and 2003, and the largest drop - 12% - occurred in women between ages 50-69 diagnosed with estrogen receptor positive (ER-positive) breast cancer. This kind of breast cancer needs hormones for the tumor to grow.

Using HRTs continues the higher amount of hormones in your body and allows this type of breast cancer to thrive. By not taking HRTs, this risk is decreased considerably.

The study concluded that as many as 14,000 fewer women were diagnosed with breast cancer in 2003 than in 2002, a year in which an estimated 203,500 new cases of breast cancer were diagnosed.



Interested in learning more about risk factors, detection and diagnosis, or the treatment of breast cancer?

The ANC will be hosting 2 informational workshops:

RISK FACTORS: PERSONAL AND ENVIRONMENTAL

- Learn about personal and environmental risk factors that can affect the likelihood of getting breast cancer.

Date: Saturday, February 24

Time: 10am-12pm

Location: The ANC

DETECTION, DIAGNOSIS, & TREATMENT OPTIONS

- Learn about the steps to early detection and both traditional and non-traditional treatment options for breast cancer.

Date: Saturday, March 10

Time: 10am-12pm

Location: The ANC

Child care will be available for those who RSVP by the Wed. prior. A light **breakfast** will be served. Don't miss our **incentives** for attending! For more info or to RSVP please contact Sarah at 999-3917.

Good health is contagious. Catch some on the Eastside!

Healing Foods Highlight: CABBAGE



For a healthy and nutritious addition to any meal look no further than the cabbage patch. The cabbage family includes vegetables such as kale, turnip greens, cabbage, cauliflower, broccoli and Brussels sprouts. These veggies are packed full of Vitamin C, iron and potassium. The cabbage family also contains special cancer fighting properties that may protect against colon, prostate and breast cancer.

The cabbage family are winter vegetables that easy to incorporate into many types of meals. They work especially well in hearty soups and stews. Be sure to check out the variety of vegetables from the cabbage family at the Allen Street Farmers Market which will reopen in May!



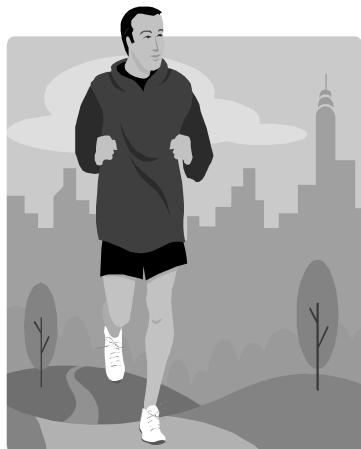
Don't Forget...

The Path in Hunter Park will be plowed all winter.

Many of us tend to stay inside under a warm blanket during these winter months but heading outside can help you feel better both physically and mentally. These short, cold days can leave even the happiest folks feeling down, but even just a short walk can lift those spirits!

Here's a couple tips for exercising in the cold weather:

1. Make sure to **stretch**, warming up those muscles becomes even more important in the cold weather.
2. **Dress warmly**, preferably in **layers**, in case you get too warm once you begin.



February Calendar

Please verify all event information and registration requirements before attending.


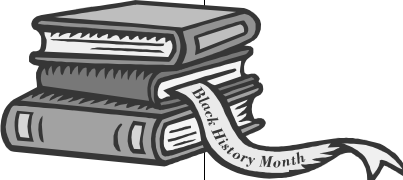



- 1 **Quit Tobacco Support Group** 7-8 PM, call Shannon for details. 367-2468
- 10 **Kinship Care Support Group** 1:30-3:00 PM at the Allen Neighborhood Center. A support group for those caring for a relatives child. Snacks and child care are provided.
- 13 **Community Grief Support Group** See below.
- 15 **Quit Tobacco Support Group** 7-8 PM, call Shannon for details. 367-2468
- 20 **Over the Counter Medicines** Available from 1-4:30 PM, for 48912 residents only. Free of charge. *Note: there will be no medicine distribution in March.*
- 26 **Grief Support Group** See below.

Ongoing Events

- ANC Bread Basket** Tuesdays from 1-6 PM at ANC. Come every Tuesday for free bread.
- Free Breast and Cervical Cancer Screening** For women 40+ with low/moderate incomes or enrolled in IHP. Call 887-4364. *Call ANC if you need transportation or appointment assistance.*
- Breast Self-Exam Clinic** Free Sparrow program. Call 364-2689 or 364-2688.
- Car Seat Checks** at Sparrow Hospital. For dates and times, call Kathy at 321-6622 or Mickie at Sparrow Trauma Services, 364-2616
- WINS** Sparrow breast cancer support group, 2nd Monday of the month. 364-2780.
- Nicotine Anonymous** 12-step support group. Call Kathy at 627-9606.
- Grief Support Group** 4th Monday, 1:30-3:30; For location and information call 882-4500.
- Community Grief Support Group** 2nd Tues., 6:30-8:30 PM. For information call 882-4500.

Healthy News is published by the Allen Neighborhood Center and is made possible by support from the Ingham County Health Department and the Komen Foundation. For input about the newsletter, please call 367-2468 or email monicak@allenneighborhoodcenter.org.

Eastside Events for February 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Happy February!</i></p> 	<p><i>Celebrate National Black History Month!</i></p>			<p>1 Calvary Fellowship Food Pantry: 12:00 YSC: 3:30-5:30 FAIR: 7:00, ANC Quit Tobacco Support Group: 7:00, ANC Up- stairs</p>	2	3
4	5	<p>6 Breadbasket: 1:00 Youth Service Corps: 3:30-5:30 Friends of Hunter Park: 6:30, ANC</p>	<p>7 Senior Coffee: 10:00 Eastside Neighbor- hood Org (ENO): 7:00, Foster Center</p>	<p>8 Youth Service Corps: 3:30-5:30 Holmes St. School Comm. Assoc: 6:30, ANC</p>	9	<p>10 Kinship Care: 1:30</p>
<p>11</p> 	<p>12 Potter Walsh: 6:20, Faith Fellowship Baptist Church</p>	<p>13 Breadbasket: 1:00 Youth Service Corps: 3:30-5:30</p>	<p>14 <i>Valentine's Day</i> Senior Coffee: 10:00</p>	<p>15 Calvary Fellowship Food Pantry: 12:00 Youth Service Corps: 3:30-5:30 Quit Tobacco Support Group: 7:00 ANC Prospect Protectors: 6:30, ANC Upstairs</p>	16	17
18	<p>19 <i>Washington's Birthday</i></p>	<p>20 Breadbasket: 1:00 Over-the-Counter Meds: 1:00-4:30 Youth Service Corps: 3:30-5:30</p>	<p>21 Senior Coffee: 10:00 Foster Your Neighborhood: 7:00, Foster Center</p>	<p>22 YSC: 3:30-5:30 Green Oaks: 6:00, Christ Lutheran Church</p>	23	<p>24 Breast Health Workshop: 10:00- 12:00, ANC</p>
25	26	<p>27 Breadbasket: 1:00 Youth Service Corps: 3:30-5:30</p>	<p>28 Senior Coffee: 10:00</p>	<p>February is also... National Cherry Month</p> 	<p>National Grapefruit Month</p> 	<p>National Wild Bird Feeding Month</p> 