

The Eastside Monthly

Fast Happenings in the Neighborhood

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Volume IV, Issue XI

November 2004

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Neighborhood Meetings

November 1: PLACE mtg, 6:30 PM
November 3: ENO mtg, 7 PM, Foster Community Ctr.
November 4: FAIR mtg, 7
November 8: Potter Walsh mtg, 6:20 PM, Potter Park Church
November 15: Prospect Protectors mtg, 6:30 PM
★November 17: Friends of Hunter Park mtg, 6:30
November 22: LECDL mtg, 11 AM
November 22: ANC Board mtg, 4:30 PM
November 22: Hunter Park West mtg, 7:30 PM

The Eastside Monthly is a publication of Allen Neighborhood Center. For general comments or to submit news for the next edition, contact Sarah McDonald at 485-7630 by **the 12th of the preceding month.**

Funding for the Eastside Monthly is provided in part by the Mayor's Neighborhood Grant Program.

ANC's New Online Home

ANC is pleased to announce the launch of our new website at www.allenneighborhoodcenter.org. The re-designed site is simpler to navigate and offers more useful features, including regular announcements of our programs and events, a form you can use to contact us, a gallery of pictures from ANC events, the ability to leave your comments on our events, a working archive of the Eastside Monthly, and more. Log on to the new site and let us know what you think. We're always open to suggestions for improvement. Also watch for more features coming over the next few months, including materials from last year's Home Improvement Workshops and selected videos. No way to get online? Check out our computer resources article on page 5.

Time of Giving

Get your holiday shopping done while giving something back! On Sunday, Nov. 14, the Meridian Mall will host its 3rd annual Time of Giving. Purchase a \$5 wristband to get admission to the mall for a 1-night private shopping event. Stores will offer discounts, sampling, and much more. The mall will host entertainment, distribute door prizes, and the 1st 1,000 customers will receive goodie bags. Santa and his elves will also be there to listen to holiday wishes! Best yet, if you buy your wristband from ANC, your \$5 will go directly to us to help us continue the programs and presence the Eastside has grown to love. So get your shop on!

★★★ Election Day! ★★★

Don't forget, Tuesday, Nov. 2 is election day. Polls are open from 7 AM to 8 PM. Call the Bureau of Elections at 373-2540 to find out where to vote. ANC will be giving rides to the polls, contact us at 485-7630 or drop in at 1619 E. Kalamazoo.

First Meeting of the Friends of Hunter Park

Friends of Hunter Park, a new group of neighbors, will meet for the first time Wednesday, November 17th, from 6:30 to 8:30 PM at ANC. The 'Friends' group is gathering to implement ideas developed during the Hunter Park Master Plan Update, held earlier this year. During the Update, co-hosted by ANC and Lansing Parks and Recreation, residents discussed ways to make Hunter Park more "neighbor-friendly" and inviting. The group came up with a list of priorities for park improvement:

- A walking path around the park perimeter, with lights, benches, and water fountains
- A pavilion with grills and picnic tables
- A more inviting entrance from Kalamazoo
- A hoop house with a recreational garden
- A soccer field for elementary school teams
- A new location for the basketball courts, separated from play areas for young kids
- A splash pool to replace the kiddie pool

On November 17, we will determine how to make this list of recommendations a reality. **Continued on page 2, PARK**

ANC Update

Activities and programs offered by Allen Neighborhood Center

Food Chatter From the Food Project

The Farmers Market season ends with the street festival on Oct. 27th. Thanks to everyone who supported the market! The next farm market season begins in May 2005. It's beautiful to see produce stands in the parking lot every week, complete with the people who actually grow the stuff!

This winter, large Eastside events will be organized for January, March, and May. We'll offer food, entertainment, visiting chefs, and more! Watch the Eastside Monthly and ANC website for more details. And please join us on Nov. 23 from 6-7:30 PM. The Food Project Steering Committee is gathering to shape these large community events and the larger scope of the project. Call Hollie at 485-7630 for more details, and come join us!

PARK, continued from p. 1

While anyone is welcome, residents of the organized neighborhoods surrounding the Park (e.g., Hunter Park East, Hunter Park West, ABC, Prospect Protectors, PLACE, and Potter Walsh Neighborhood) are especially encouraged to participate. We envision a safe, fun, family-friendly future for the park. Please join us and get involved in a very exciting process!



Wednesday Morning Senior Coffee

(Non-seniors are welcome, too!)

November 3: Book Chat Martha Dee will lead a discussion on The Bookseller of Kabul by Asne Seierstad. This book tells the tale of a family in Afghanistan's new life after the fall of the Taliban.

November 10: Color Me Blue Wambui Demps will present on what your favorite colors say about your personality!

November 17: Ingham Co. Empowerment Project for Gun Violence Prevention Bud Slining will join us to discuss gun violence prevention ideas and ways to promote gun safety and discourage illegal ownership of firearms.

November 24: How To Talk To Your Doctor Nancy Weber of Tri-County Office on Aging will present. A light Thanksgiving lunch will be served. Be sure to call before Nov. 17 to reserve a place.

Kid News from YSC By Rosa Robinson, Coordinator

Hello everyone! YSC has had an eventful couple of months! Among other things, we have marched in the Eastern High School homecoming parade, cleaned up the neighborhood, and invited a speaker to talk to the youth about 4-H. If you are interested in becoming a YSC member or volunteer, contact Rosa at 485-7630, come to ANC, or download an application on our website. If you need YSC to help with lawncare, contact Rosa. Have a safe holiday!

ANC would like to thank:

- **Jan Hotelling, Frank Zeinett, and the Spartan Marching Band Drumline** for donating treats for the Youth Service Corps
- **Our neighbors and the City of Lansing** for helping with HERO's neighborhood cleanup
- **Everyone who donated bags** for our Friday Breadbasket!
- **Fred McLouth, Francine Watts, Winona Gray, Laura Hanus and Sandra Taske** for their outstanding work at ANC
- **Harmonica Buzz, Paloma, Miko Fossom, Kate Peterson, and Everett Mariachi** for performing at the Farmers Market
- **Jane Bush, The Giving Tree Farm, Maple Valley High School, Joanne Johnson and Victoria Freeman** for participating in the Farmers Market
- A heartfelt thanks to **The Garden Project** for donations of food to our Friday Breadbasket this entire season, and for their constant support of our youth garden.
- **Martha Dee, Brad Vauter, Penny Gardner and Dru Vinson** for their great presentations at Senior Coffee
- **Bill Leech** for taking our dead fridge off our hands!
- **Meridian Mall** for their fundraising opportunity
- **Discount One Hour Signs** for designing a YSC banner
- **Sierra Ray, Erin Horan, Pete Cummings, and Lee Conley** for volunteering with Youth Service Corps
- **Bobbie Hardy** for her presentation on behalf of ANC to the Michigan Hospitals Assn.
- **Doak Bloss** for his exceptional workshop on grantwriting
- **Melanie Mack and Ron Uken** of ICHD / Community Voices for 'budgetology' and so much more.

Across the Neighborhood

Neighborhood News

Allen Neighborhood Center will be closed Nov. 25 & 26 for Thanksgiving.

ABC: ABC will not be meeting in November or December. If you have any questions or concerns, contact Denise Kelley at 484-9109.

PLACE: PLACE will be discussing "greening" beautification projects at the November meeting. Anyone interested in improving the curb appeal of the neighborhood should attend at 6:30 on Nov. 1.

SSUN: SSUN will not meet in November. Members who are interested in the Neighborhoods in Bloom project can call Pat Pendarvis at 372-7261.

Rides for Voters: Michigan Coordinated Campaign is offering free rides to voters. Call them at 333-0950 before election day to reserve a ride to the polls.

Information & Referral Hotline: Capital Area Human Services Connection is a new information and referral line to provide area residents with information about food, shelter, utility and rent/mortgage assistance, health care, youth counseling, and more! The service is available Monday-Friday, 8:30-5. Ingham residents call 337-8211.

Community Leadership Lounge: Join community activists at the Community Leadership Lounge on Thursday, Oct. 28 at 7 PM at Westminster Presbyterian Church, 743 N. M.L.K. (at Oakland). Participation is free and dessert is provided!

The theme will be "Managing Volunteers." Contact Megan Atkinson at 483-4499 or megan@nwlhci.org for more information.

School Principals Speak

Allen Elementary: Fall Parent Teacher Conferences are Nov. 4th, 11th or 18th between 4 and 7 PM. Conferences are a good chance to discuss your child's progress.

- Allen will be working with MSU and our Young Spartan Program for Career Preparation Day. On Nov. 17th, 5th graders will travel to North Elementary to meet with career professionals.

- Allen has brought back the Breakfast Club, from 7 - 8:30 AM daily. After school, our Ramp-Up Power Hour begins at 3:40 and runs until 5:15 PM. Students receive assistance with homework. We are fortunate to have many Young Spartans and American Reads students helping this year.

- MEAP camps start Nov. 1st. For more information on any of these programs call 325-6760, or stop by.

Bingham Elementary: Parent-Teacher conferences will be held November 1st, 9th, and 11th, from 4 to 7 PM.

- RIF (Reading is Fundamental) distribution is Nov. 10th and 11th.
- On the 30th, the Girl Scouts have a craft and bake sale.

Fairview Elementary: Fairview's parent-teacher conferences will be held Nov. 1, 4, and 9 from 4-7 PM. Last fall, 98% of our parents attended conferences. We're hoping to match or beat that this year.

- FFTA (Fairview Family-Teacher

Association) will meet on Nov. 2 at 6 PM in our school library. We welcome all parents. Childcare is provided in the gym.

- Please support Fairview school by dining at the Frandor Burger King on Wed. Nov. 17 between 5-7 PM. Our school earns a percentage of the total sales during that time.

- Our school is raising money for field trips and assembly funds through the Meijer Rewards program. Meijer shoppers can apply for a card on the internet at www.meijer.com/rewards. By filling in our school's code when applying, we earn a percentage of the total sales every time you scan your card. **Fairview's code is 702030.**

Pattengill Middle: On Nov. 1st, 7th and 8th grade boys basketball tryouts start, as well 6-8th grade girls swimming tryouts.

Eastern High: There will be a potluck Band Banquet on November 4th at 6 PM, held at the fieldhouse. All band members and parents are invited.

- The Eastern Jazz Band will perform at Magdalena's Tea House on November 12th. Call the Tea House at 487-1822 or Mr. DeRosso at Eastern High School for details.

- Finally, the Eastern High School Marching Band will perform at Silver Bells on Nov. 19th.

Lansing Catholic Central: Parent/Teacher conferences will be held Nov. 3-4 from 4:30-8 PM.

- Junior Retreat and MEAP testing will also be held on the 3rd. There will be no school Nov. 4th and 5th.

**No school Nov. 24th-26th
Happy Thanksgiving!**

Growing in Community

The People and Groups Making a Difference On the Eastside

BTS: Vacant Land Transformed

The Eastside Monthly talked to Rick Kibbey, Doris Witherspoon, and Bren Buckley about the East Village neighborhood currently being constructed by Burton-Katzman on the BTS site, a 25-acre parcel next to Lansing Catholic Central. The story of the BTS site is one of a neighborhood taking charge of its own development. From the 1800s through 1971, the site was occupied by the Boy's Training School complex, a juvenile detention center run by the State of Michigan, but was then abandoned. As the result of a 20-year process that has now come to completion, 177 new units of owner-occupied housing will be available on the Eastside. Many consider the BTS process to be a model for other neighborhood development programs.

Rick Kibbey is the chair of the BTS Committee.

EM: Rick, how did this effort first get started? How did it evolve?

RK: It didn't evolve so much as it just happened. There had been numerous proposals for the BTS land — a new city hall, a new police station, a gigantic parking lot, or even a low-security prison. We had been in conversation with the local legislators, and none of those ideas were acceptable to the people who live around there. Eventually Debbie

Stabenow asked us, "What will you accept on that site?" Kate Young (former ENO president) and I had 7 or 8 house meetings to ask what people did or didn't want, then wrote that up and identified preferences. We went through the Eastside Neighborhood Organization (ENO) and had a large public meeting at the Armory. The city was very supportive, and they wanted to develop a plan for the site. We invited some MSU landscape architecture students to start generating ideas, and brought those to Mayor Hollister. The city got a \$25,000 grant to hire a consultant, and at that stage, we became a formal committee. We reached out to our institutional neighbors and eventually presented a Master Plan Update to the city incorporating our ideas. The big issue was whether the space would be commercial or all residential. We're glad that it's ended up as residential.

Doris Witherspoon works for the City of Lansing's Department of Planning and Neighborhood Development.

EM: Doris, what were your experiences with the BTS project?

DW: When we had the groundbreaking ceremony a few weeks ago, I found myself thinking, "Boy, we really worked hard, didn't we?" All those meetings over the years have finally paid off. There were 22 of us on the committee, a majority from the neighborhood, and I think we've established something that will be very good for the city. There hasn't been much construction of new housing in years — I think the mayor said this would be the first new neighborhood in 40 years. There will be 33 new

single-family homes and 144 condominiums, all owner-occupied. It's exciting to have an out-of-town developer working with us.

Bren Buckley is Vice President of Development for Burton-Katzman.

EM: What are the advantages to you as a developer of a city site rather than an undeveloped area?

BB: Our company has a strong interest in in-fill development in older communities. In this case, you have the state capitol, a major hospital, and a state university all nearby, which makes the site attractive in terms of being marketable.

EM: How did you get involved with the project?

BB: In 2002, we responded to a request for proposals from the city, and were selected from a pool of three applicants. When we came in, we tried to give the committee exactly what they wanted—100% residential. Their cooperation was tremendous. When we went through the approvals process, the city helped push it through rapidly. Also, the city issued revenue bonds to help pay for some of the infrastructure cost. The problem with infill development is that building streets, water, and utilities costs more because you have to remove the remains of old systems. We had to take out a old water line, for example. The purpose of the bonds was to level the playing field so this site would be comparable in cost to develop and profitability to a greenfield site, which is the more common situation for development. That was the right attitude.

Community Builder's Toolbox

Ideas and Information for Strengthening Neighborhoods

Computer Resources on the Eastside

The **Capital Area District Library** at the corner of Capital and Kalamazoo has a Computer Center with 18 workstations. It's open to the public from 10 AM to 8:50 PM Monday through Thursday, 10 to 5:50 Friday and Saturday, and 1 to 5:50 Sunday. You don't need a library card to use the computers. In addition, they offer free computer classes every month. You can pick up a schedule for the current month at the library, or read on for the November offerings. Classes are free, but advanced registration is required — call 367-6356.

BEGINNING COMPUTING (2 sessions) *Session I:* Learn about the parts of a computer and how to use a mouse, keyboard, and desktop features. *Session II:* Learn to navigate your way through Windows and basic programs such as Microsoft Word and Internet Explorer, save to a disk, and print. No experience needed to take this class. **Nov. 1 and 3, 10 to 11:30 or Nov. 2 and 4, 5:30 to 7**

INTRODUCTION TO THE INTERNET: Learn basic components of the Internet, how the World Wide Web functions, and how to do a simple search on the Web. Participants should be able to use a mouse and Windows. **Nov. 8, 10 to 11:30 or Nov. 18, 5:30 to 7**

EMAIL BASICS: Learn how to set up your own free My Way email account; to compose, send and open messages; and to add and open attachments. Participants should know how to use a mouse, Windows, and the Internet. **Nov. 10, 10 to 11:30**

USING THE LIBRARY'S ONLINE CATALOG: Learn to search the library's online catalog more effectively,

view your own record, renew items and place holds. Participants should know how to use a mouse and Windows and should obtain a CADL library card. **No registration required. Nov. 12, 5 to 5:30 and Nov. 26, 12 to 12:30**

DATABASES: MAGAZINE & NEWSPAPER ARTICLES: Learn the basics of finding and printing articles from hundreds of magazines and newspapers. Class participants should obtain a CADL library card. Class participants should know how to use a mouse and Windows. **Nov. 17, 6 to 8**

MICROSOFT WORD BASICS: Learn how to modify text, cut and paste text, open, close, and save documents. Class participants should know how to use a mouse and Windows. **Nov. 30, 5:30 to 7 or Nov. 9, 10 to 11:30**

INTERMEDIATE MICROSOFT WORD: Learn how to format pages, add clip art, and more. Participants should take Microsoft Word Basics before taking this course, and should know how to use a mouse and Windows. **Nov. 15, 5:30 to 7 or Nov. 29, 10 to 11:30**

MICROSOFT EXCEL BASICS: Learn to use a spreadsheet for tasks like balancing a checkbook. Participants should be able to use a mouse and Windows and should have basic word processing skills such as formatting text. **Nov. 23, 5:30 to 7**

MICROSOFT POWERPOINT BASICS: Learn to create a simple slide presentation using PowerPoint. Participants should know how to use a mouse and Windows and should have basic word processing skills such as formatting text. **Nov. 30, 10 to 11:30 or Nov. 22, 5:30 to 7**

JOB SEARCHING ON THE INTERNET/CREATING A RESUME: Learn how to use the Internet to find potential jobs and apply for them on-line, and learn how to use Microsoft Word to create a resume. Class participants should know how to use a mouse, the Internet, and Windows. **Nov. 24, 10 to 12**

Learn how to use **ReferenceUSA**, an electronic directory of residential and business listings. Generate mailing lists, research prospective employers, and discover who your competitors are. Participants should know Windows. **Nov. 16, 6:30 to 8**

Foster Library has 4 workstations available, 2 filtered for youth access and 2 unfiltered. All are equipped with MS Office (Word, Excel, Powerpoint, etc.). No library card is needed, and the only cost is 10 cents a page to print. There is a time limit of 30 minutes if others are waiting. The library is open Monday to Thursday, 1 to 7 PM, Friday and Saturday, 1 to 5, and closed on Sunday.

Foster Community Center has a Computer Room offering free, supervised computer time. All computers have MS Works 3.0 and MS Office. Some educational games are available. No Internet access. Lab is open Monday and Wednesday 6:30 to 8:30 PM, Thursday from 4-6 PM and Saturday from 2-4 (except for 10/28, 11/11 and 11/25).

ANC has one community computer with internet access, Wordpad, and chess. First come, first served. 30 minute time limit if others are waiting.

HEALTHY NEWS!

A publication of the Allen Neighborhood Center • 1619 E. Kalamazoo • Lansing, MI 48912 • (517) 485-7630

November 2004

The Benefits of Breastfeeding Your Child

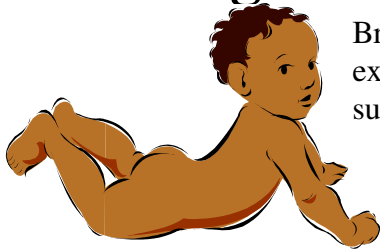
Human milk is the ideal food for infants. It gives babies all the nutrients they need. But wait! There's more!

- Breastmilk helps a baby's immune system.
- Breastfed babies are less likely to have ear infections, vomiting, diarrhea, allergies, pneumonia, and meningitis.
- Breastmilk helps the brain grow and may increase IQ.
- Breastfed babies are less likely to be obese later in life, and they may have lower cholesterol as adults.
- Babies who breastfeed for more than a year are less likely to need braces later in life.
- Breastmilk costs less than formula. It's convenient, pre-mixed, and always the right temperature.
- Moms who breastfeed have less postpartum anxiety and depression.
- Breastfeeding helps new moms lose extra weight faster.
- Breastfeeding mothers have a lower risk of breast cancer, uterine cancer, ovarian cancer, and osteoporosis later in life.



There are many other benefits to breastfeeding. For a great list of 101 reasons to breastfeed your child, visit www.promom.org/101/ Or visit the La Leche League International web site at www.lalecheleague.org for more breastfeeding information. Call them locally at 484-5005.

Planning for Breastfeeding Success



Breastfeeding is a natural process. But it's also a learned skill. If you are an expectant mother, don't assume breastfeeding will just happen. Plan ahead for successful breastfeeding.

- Tell your healthcare provider that you plan to breastfeed. Ask for information and encouragement.
- Tell your hospital or birth center that you plan to breastfeed.
- Ask your family and friends to be supportive of your choice to breastfeed.
- Attend a La Leche League meeting, and ask any and all questions you may have. LLL is a breastfeeding information and support network. For information about local LLL meetings, call 484-5005.
- If you are WIC-eligible, call the Mother-To-Mother Breastfeeding Program at 887-4580. It's a free program that includes home visits, phone calls, hospital visits, and support groups.
- Plan to breastfeed your child immediately after delivery.
- Consult with a lactation specialist at your hospital or birth center. Be sure you have someone experienced in the art of breastfeeding with you the first several times you do it.
- Remember that babies were born to be breastfed!

Good health is contagious. Catch some on the Eastside!

News from the ANC Health Outreach Team

We would like to thank the students and leaders from Lansing Catholic Central who canvassed the rest of the neighborhood for us on Friday, October 8, 2004:



Trevor Bentz, Shea Boland, Marie Clark, Meridee Czop, Margaret Dean, Janet DeClarke, Nikki Ducommun, Angie Falzon, Chelsea Fogwell, Janice Fowler, Liz Freund, Buddy Froehlke, Marilyn Jasonowicz, Jon Joseph, Loretta Krol, Karli Krol, Karim Lakudar, Ronnie Landfair, Maria Medina, Jan Meriwether, Katie Michaels, Ben Monroe, Colleen Murray, Sarah Napier-Dunnings, Kim Parviaenen, John Perrone, Marta Poorman, Vickie Ralph, Booke Ramsey, Mike Reyes, Lizzy Reyna, Carol Robinson, Sydney Salazar, Liz Samsel, Sophia Sanchez, Sarah Sanchez, Gina Saucedo, Mary Schaefer, Meghan Schultz, Jan Sinko, Sarah Springer, Adam Tran, Catherine Turkovich, Adam Wegener, and Christian Wyatt.

Special Thanks to Doug Moore, Director of Student Activities and Campus Ministry who facilitated **Make A Difference Day**, and to Principal Tom Maloney for his willingness to work with us. The students, staff, and parents who participated in the neighborhood canvass helped bring important health-related materials to 1500 residents of Lansing's Eastside. We thank you for your commitment to good health and for your service to the Allen Neighborhood Center and our neighbors.

-- Ann, Monica, & Wambui

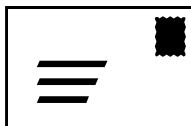
QUIT TOBACCO PROGRAM

ANC is offering a Quit Tobacco class running every-other-week on Thursdays from 7:15-8:00 p.m. Pre-register by calling 367-2468 and asking for Wambui. Or register in person during class. Nov. 4 & 18.

BREAST CANCER RESEARCH STAMP

Did you know that the United States Postal Service sells a special stamp to raise money for breast cancer research?

The Breast Cancer Research stamp is a standard first-class postage stamp that sells for 45-cents (instead of the usual 37-cents). The extra eight cents goes toward breast cancer research. Since it was first issued in 1998, the stamp has raised \$37 million for breast cancer research. 70% goes to the National Institutes of Health, and 30% goes to the Medical Research Program at the Department of Defense.



November Calendar

Please verify all event information and registration requirements before attending.

- 3 **Quit Tobacco Workshop**, 6:30-9 p.m. Meerman Educational Center, IRMC Greenlawn. Free. 367-5177.
- 3 **Arthritis of the Hand/Carpal Tunnel**. 6:30-8, Dawe Auditorium, IRMC Greenlawn, Free. 367-5159.
- 4 **Quit Tobacco Class** at ANC, 7:15-8 p.m. Details in column to left.
- 8 **Spice Up Your Holidays**. 6-8 p.m., Dawe Auditorium, IRMC. delight your taste buds with dishes created for the diabetic palate. Registration required, 367-5159.
- 9 **Stroke: What You Know Could Save A Life**. 12-1, Dawe Auditorium, IRMC. 367-5159.
- 18 **Quit Tobacco Class** at ANC, 7:15-8 p.m. Details in column to left.
- 30 **Service of Remembrance**, 6-7:30. A time for remembering loved ones through music, readings, singing, candle lighting, sharing memories. Call 882-4500.

Ongoing Events

ANC Bread Basket. Free bread every Friday at ANC, 9 a.m. -5 p.m. *Come early* as the bread is limited. 485-7630.

ANC's Walking Club walks on Tuesdays. Gather at ANC at noon; take a 45-minute walk starting at 12:15. 367-2468.

Free Breast and Cervical Cancer Screening, for women 40+ with low/moderate incomes or enrolled in IHP. Call 887-4364.

Grief Support Grp, 1st & 3rd Wed., 1:30-3:30;
Adult Orphan Lunch, 2nd Wed., 12:15-1:15;
Community Grief Support Grp. 2nd Tues., 6:30-8:30 p. More info, 882-4500.






Nicotine Anonymous, 12-step support group. Call Kathy at 627-9606.

Healthy News is published by the Allen Neighborhood Center and is made possible by grants from the Ingham County Health Department and the Komen Foundation. For input about the newsletter, please call 485-7630 or 367-2468, or email ddiesenANC@earthlink.net.

November 2004

A Calendar of Eastside Events

YSC= Youth Service Corps
 SC = Senior Coffee
 ENO= Eastside Neighborhood Organization
 ANC= Allen Neighborhood Center
 LSD= Lansing School District
 WC= Walking Club
 LECDC = Lansing Eastside Community Development Corporation
 FM = Farmers Market
 All events at ANC unless otherwise indicated
 Call 485-7630 for information.

	Sun	Mon	Tue	Wed	Thu	Fri	
November is...  National AIDS Awareness Month	1 PLACE: 6:30 PM	2 Walking Club: 12-1 YSC: 3:30-5:30 PM Chess: 6-8 PM ELECTION DAY	3 SC: 10 AM-noon ENO: 7 PM, Foster	4 YSC: 3:30-5:30 PM FAIR: 7 PM Quit Tobacco: 7:15 to 8 PM (childcare)	5 Breadbasket: 9 - 5		
7	8 Potter Walsh: 6:20 at Potter Park Church	9 Walking Club: 12-1 YSC: 3:30-5:30 PM Chess: 6-8 PM	10 SC: 10 AM-noon	11 YSC: 3:30-5:30 PM	12 Breadbasket: 9 - 5		
14	15 Prospect Protectors: 6:30 PM	16 Walking Club: 12-1 YSC: 3:30-5:30 PM Chess: 6-8 PM	17 SC: 10 AM-noon Friends of Hunter Park: 6:30-8:30	18 YSC: 3:30-5:30 PM Quit Tobacco: 7:15 to 8 PM (childcare available)	19 Breadbasket: 9 - 5		
21	22 LECDC: 11 AM ANC Board: 4:30 Hunter Park W: 7:30	23 Walking: 12-1 YSC: 3:30-5:30 PM Chess: 6-8 PM Food Proj. Steering Committee: 6-7:30	24 SC: 10 AM-noon	25  Thanksgiving Day ANC is closed	26 ANC is closed		
28	29	30 Walking Club: 12-1 YSC: 3:30-5:30 PM Chess: 6-8 PM	November is...  National American Indian & Alaskan Native Heritage Month	November is...  National Peanut Butter Lovers Month	November is...  Buy Nothing Month		