

The Eastside Monthly

Fast Happenings in the Neighborhood

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Welcome Package for Katrina Evacuees and New Eastsiders

To welcome our newest neighbors, we are creating a Welcome Package. The Welcome Package will contain maps, bus routes, business coupons, fun things to do, community resources, and other information. This is our way of opening our arms and introducing new-comers to Eastside hospitality. If there is a new neighbor moving in nearby, introduce yourself, lend a hand, and contact us with their address, and we'll deliver their welcome package!

Second Annual Halloween House Decorating Contest

In an effort to keep Eastside trick-or-treaters on the Eastside during Halloween night festivities, the residents of Leslie, Regent and Shepard Streets, between Michigan and 496, are hosting a Halloween House Decorating Contest. The intent is to provide a fun, safe, and spooky Halloween experience that promotes a sense of community and relationships between neighbors.

On Halloween night, between 8:00 and 9:00 PM, a panel of three judges will be looking for the most ghoulishly decorated homes. The winners will receive a prize basket sponsored by local businesses such as Gone Wired Café, Jerusalem Bakery, and others.



One winner will be chosen for every three blocks.

Continued on p. 3, HALLOWEEN

Harvest Festival

The Second Annual Harvest Festival for the Allen Street Farmers Market will be on Wednesday, October 12th from 3:30-6:30 PM in the parking lot at the corner of Allen and Kalamazoo Streets. This year's festival will showcase local food and local talent, as well as highlighting many programs ANC offers.

Musical guests will share their talents with market patrons, and Eastside vendors will sell a variety of foods. Handmade crafts and gifts will be available to purchase from local artisans, and kids can enjoy fall-themed arts and crafts projects such as "smile leaf pencil toppers", fall ornaments and decorated sweatshirts. We'll also hold a pumpkin-painting contest. Neighbors of all ages are encouraged to participate.

The Health Team and the Youth Service Corp will set up tables to highlight their activities. The Health Team will promote the newest campaign of the Smoke-Free Homes Project, Take It Outside, as part of the Smoking Cessation Program. They will offer free pumpkins to the first 100 smoke-free homes that register at the Pumpkin Booth. If your family or housemates are non-smokers, or smokers who never smoke in the house, they will be eligible for a free pumpkin. The YSC will also have a display of all that has been happening with these civic-minded youth.



Continued on p. 5, HARVEST

The Eastside Monthly is a publication of Allen Neighborhood Center. For general comments or to submit news for the next edition, contact Dan Stanaway at 485-7630 or email anndan@sbcglobal.net by **the 12th of the preceding month.**

Funding for the Eastside Monthly is provided in part by the Michigan State Housing Development Authority.

ANC Update

Activities and programs offered by Allen Neighborhood Center

YSC Member of the Month



Stephanie Jackson

October's YSC Member of the Month is Stephanie Jackson. Stephanie is an 8th grader at Holt Jr. High School. Stephanie was chosen for her sense of humility and friendliness. Congratulations Stephanie!

Kid News from YSC

Greetings everyone! Rosa Robinson is very excited to be working with Youth Service Corp again this year. She has many activities planned, including field trips, workshops, and fundraising opportunities. If you are a youth and want to join, stop by ANC and pick up an application.

As Fall approaches, the leaves are falling and need to be raked. Call Rosa at 485-7630 if you are elderly or disabled and need YSC assistance. We also need adult volunteers to help supervise the youth.

Call for Volunteers

The Allen Neighborhood Center is in need of volunteers! The Youth Service Corp needs adult mentors, the Food Team needs volunteers to help run the Farmers Market, and the Health Team needs canvassers for a survey and health outreach. The Center, in general, is looking for people to help answer phones. Please consider donating 2-4 hours a week. We could not function without the help of our loyal volunteers! A huge thank you to all of you that lend a hand.



Wednesday Morning Senior Coffee

(Non-seniors are welcome, too!)

October 5: Book Chat Snow Flower and the Secret Fan by Lisa See

October 12: Cross-Cultural Presentation Topic to be announced.

October 19: TBA

October 26: TBA

We are looking for individuals who are willing to present a travelogue of an exciting trip. If interested, contact Amanda Morgan at 367-2468.

New Faces at ANC

This month brings us three new smiling faces at Allen Neighborhood Center. We have a new Food Team Leader, Judith Bommer, and two new Masters of Social Work interns with us, Amanda Morgan and Laura Sanchez. Judith is a long-standing Lansing area resident and former owner of the Dancing Goat Coffeehouse. She has extensive experience in the food and restaurant industry, along with a keen interest in healthy living, gardening and community sustainability. Amanda is a first year MSW student working with the Senior Coffee and this year's Home Improvement Workshop series. Laura, who will be assisting the health team, has experience working with refugees, welfare-to-work programs and Healthy Families programs. We look forward to working with our new staff and to the positive energy they bring.

Breadbasket: Bigger and Better

Free bread, fresh produce from area gardens and over-the-counter medicines (Oct. 19 only) are all available for Eastside residents from 12:30-6:30 on Wednesdays at ANC's Breadbasket.

ANC would like to thank:

- **Giving Tree Farms, Allison Singer, and The Garden Project** for their food donations.
- **Doak Bloss** for facilitating our Health Team Planning Retreat, and for **Ron Uken** and **Melaney Mack** for sharing insights and support.
- **Food Team Volunteers:** Amy Berns, Andy LeVoi, Dave Finet, Dorothy Matthew, Jack & Vivian Stauffer, Linda Cole-Goldberg, Mark Edick, Meghan Bradley Chamberlain, Michael Fortino, Nancy Benchley, Katherine Nault, Jamie Cook, Carly Christoff, Nikki Hilla, Sarah Ellsworth, Sheldon Tyson, Taylor Reid, Yoyo Webb, Linnaea Stockall, Laura DeLind, Viki Lorraine and Shannon Proctor
- **Farmers Market Entertainers:** Pete Nelson, Chris Dorman, Phil Wintermute and Linda Oberlitner
- **James Pyle** for assisting ANC on its reorganization.
- **Dr. Colflesh** for her generous donation of purchasing books for the Senior Coffee.
- **Lansing Catholic Central students** for their help in distributing health information and for cleaning up the trail in Regent Park.
- **ANC staff and Lewis Robinson** for their patience, good cheer, and strong backs during our space reorganization. Special thanks to **Ann** and **Debbie** for organizing this effort.
- **Jerrie Lynn Gibbs**, our cool cities Champion for her enthusiasm, friendship, and good sense.
- **Barb Thibeault**, MSW, for agreeing to work with our MSW interns for yet another year.
- **David Sundeen** and the **Lansing Chess Club** for three years of skillful and patient coaching of Tuesday Chess Knights.
- **Gone Wired Cafe**, for welcoming Tuesday Chess Knights.
- **Beth Monteith**, for agreeing to coordinate the 2006 Home and Community Tour.
- **Sierra Ray, Arnold Cauther** and **Toya Wilson** for volunteering for YSC.
- **Karen Beauregard** and **Rhonda Oberlin** for their Senior Coffee presentations.

Across the Neighborhood

Neighborhood News

ABC: ABC will be meeting on Tuesday, October 4th, at Pilgrim Church, at 6:30 PM. We will be working on the CARS Halloween party plans and thinking about ideas for the next year. Please feel free to join us. If you have any questions, please contact Denise Kelley at 484-9109. Have a safe Halloween.

ENO: ENO will be hosting Candidates Night on Tuesday, Oct. 24th, at 6:00 PM at Foster Community Center.

Friends of Hunter Park: During the Sept. meeting, FHP discussed the Hunter Park Music Fest. It was agreed that the event was a hit and worth another go-around. The proposed renovations of Hunter Park are making progress. The path will be constructed this fall, while the solar greenhouse raising will be set for the spring. During the next meeting, Wednesday, Oct. 12 at 7:30 PM, members will prioritize needs of the park. All are welcome!

Potter Walsh: Potter Walsh will hold their meeting on Monday, Oct. 10th at 6:30 PM at the Potter Park Methodist Church.

PLACE: This month's PLACE meeting will be held Oct. 3rd at 6:30 PM at ANC.

Prospect Protectors: Please join your neighbors for a general meeting on Thursday, Oct. 20th at 6:30 PM at ANC. We will be planning the Mayors Grants for the new year. Share your ideas, concerns, and questions, as well as delicious dessert. Contact Corie at 482-8756 for more info.

Kinship Care: The October 8th meeting will host Mickey Castle from Sparrow's Trauma Service. She will be focusing on Halloween Safety. This Saturday meeting will be at ANC from 1:30-3:30 PM.

Parent Aide Program: We are looking for volunteers interested in acting as mentors to parents of young chil-

dren in our Parent Aide program. Parent Aide Volunteer Training is scheduled for September 29, 5:30 to 9:00 PM, location to be announced. Bring your dinner with you. Snacks and beverages are provided. Contact Pamela Langford at 484-8444 x14 for more information and to register.

Circle of Parents: Do you feel frustrated, overwhelmed or alone in your parenting? Circle of Parents is for you and is coming, in October, to the Family Growth Center. This is a parent support group, meeting weekly, and led by the parent participants. If you are interested, please contact Pamela Langford at 484-8444 x14.

Community Dreams: The Community Dreams Project, a joint effort between Eastern and Lansing Catholic to build a shared stadium, is meeting regularly. The group is finalizing by-laws and trying to build public support. This group is seeking non-profit status and aims to be completely privately funded, though donations and fundraisers such as Super Dodge Ball II. For more information contact Pete Bosheff at pbosheff@comcast.net or (517) 487-6873.

Capital Area District Library

Capital Area District Library is hosting free public computer classes in October. All classes will be taught at the downtown branch of the Capital Area District Library in the Computer Center. Allen Neighborhood Center has a complete listing of classes offered with dates and times. For questions, more information, or to sign up for classes, call (517) 367-6356.

School Principals Speak

Eastern High School: Heads up Eastfield neighbors! There's going to be a parade marching through your neighborhood September 30th at 5:45 PM in celebration of Eastern's home-

with Eastern's and Pattengill's marching bands playing the tune. If you've never seen this, it is something you don't want to miss! Parent Teacher Conferences will be held on Wednesday, Oct. 5th, 4:30-7:30 PM.

Lansing Catholic Central: During the week of Oct. 3, LCC will be hosting homecoming week. Events planned throughout the week include a homecoming mass, an alumni spaghetti dinner, the annual pig roast, pep rallies and sporting events, and a work-a-thon where LCC will give 2000 hours to the Lansing community. (Note: The Eastside will see some of the benefits of this volunteer effort. One project involves disseminating Health packages created by ANC's Health Team to Eastside households, and the other will focus on cleaning Regent Park's walking path.) There is also a reception and open house for past championship football teams. For more info, contact Mary Frank at 267-2114.

HALLOWEEN, cont. from p. 1

In its inaugural year, the Halloween House Decorating Contest kept ghosts and goblins creeping around the Eastside. We would like to see this event grow with even more trick-or-treaters and decorated houses this year, as other blocks are invited to participate. An informational flyer will be distributed October 1st to participating households. If you are interested in joining the contest or want more information, please contact Julie Reynolds, Halloween House Decorating Contest Coordinator, at (517) 267-3848. If you would like to participate but cannot afford candy, or if you would like to donate candy to the cause, please contact the Allen Neighborhood Center at 485-7630.

Growing in Community

The People and Groups Making a Difference On the Eastside

Habitat for Humanity: A Hand Up for Lansing Homes

The Eastside Monthly interviewed Denise Paquette, director of Habitat for Humanity Lansing, about Habitat's mission and their achievements in our city.

EM: How long has Habitat Lansing been around? And how many houses have you built now?

Denise Paquette: We've been here since 1987, and we're currently on house 61. On the Eastside, we have 14 in the Potter Walsh area, including 2 that were built this summer as part of the Jimmy Carter work project, which targeted Michigan this year. There are also 2 in the Hunter Park West area.

EM: Sounds like a busy year.

DP: It has been, and fortunately donations are pretty much keeping up with our needs. We always need more partners, though — volunteers, money, and so forth.

EM: Who are your major partners right now?

DP: We work with a lot of faith communities—typically, for every 5 houses we build, we have 4 different churches involved. Of course, we have other partners too. Great Lakes Capital Fund is a big one. Accident Fund supported the construction of one of the Carter houses this summer, and Dürr Systems / Walbridge Aldinger built the other. They're a car paint firm installing machinery at GM's new Delta plant. Our faith community partners are primarily East Lansing churches. Resurrection is working with us on the rehab of house #61, just north of downtown.

EM: I noticed the ReStore on my way in to your office. Could you tell me a bit about that?

DP: Well, it's a place where we sell

the materials that have been donated to us that we're not able to use in our houses. It's a money-raiser for us and a way to help homeowners who want to remodel. When it first opened, the customers were mostly from the Eastside, but now word has gotten out and we're quite busy. It's open Tuesday, Wednesday, and Friday from 12 to 5:30 and Thursday from 12 to 7.

EM: I understand that Habitat is an ecumenical Christian organization. What does that mean for your clients?

DP: Nothing. *(laughs)* It can mean what they want it to mean. We don't discriminate based on religion, and we don't proselytize or try to recruit people. We do pray at meetings and hold ground blessings before we start construction. And if people are members of a faith community and want the leader of that community to be involved, we're happy to do that. A lot of our history and policies come out of our Christian background—we use no-interest mortgages because the Bible says not to take advantage of those you lend money to.

EM: So how do people apply for a Habitat home?

DP: We're accepting applications in October. People who are interested and qualify for a home should come to one of our Applicant Orientation classes. They'll be offered at Immaculate Heart of Mary (3815 S. Cedar in Lansing) on **Saturday, Oct. 1 at 10 AM** and **Tuesday, Oct. 4 at 7 PM**. You have to attend Orientation to get an application. Not every applicant is approved, and applicants who are approved may not build homes with us until 2007. Please make arrangements for child care. And call Heather at 374-1313 x 12 with questions!

EM: Thanks very much for your time.

Who qualifies for Habitat?

Ability to Pay

A qualifying homeowner will buy their home with a zero-percent interest mortgage from Habitat Lansing. Income must be enough for a monthly mortgage payment, plus the taxes and insurance on the house. Currently, payments on new houses are over \$550 per month, but they vary. Income requirements are below; Habitat will also look at a credit report. They don't expect perfect credit, but do want to see record of payments on other loans and lack of bad debt in collections.

Need

To be considered for a Habitat home, your current housing must be sub-standard. This can mean the house is poorly

Family Size	Minimum income	Maximum income
1	\$13,550	\$22,600
2	\$15,500	\$25,850
3	\$17,450	\$29,050
4	\$19,400	\$32,300
5	\$20,950	\$34,900
6	\$22,500	\$37,450
7	\$24,050	\$40,050
8	\$25,600	\$42,650

maintained; there aren't enough bedrooms; you pay more than one-third of your monthly income on housing; the neighborhood is unsafe; or you are homeless or in transitional housing. If you can buy a house through traditional means, you can't buy a Habitat house. You also must be a Lansing area resident for at least one year.

Willingness to Partner

Families are required to work on Habitat homes and other projects: 2-adult households do 500 hours, 1-adult households do 300 hrs. This work is called "Sweat Equity". Families do about half their hours on their own home and half on other homes or projects. You are encouraged to have friends or relatives help with your Sweat Equity. In the application process, you will have to complete at least 8 hours of volunteer work to get a feel for Habitat construction.



Community Builder's Toolbox

Ideas and Information for Strengthening Neighborhoods

Resource List: Getting Help, Having Fun

Finding Assistance

1. If you have access to the internet: visit www.intouchweb.org and connect to the In Touch database. This searchable database has information on the program and services of over 600 agencies. Each agency listing has a link to the agency's website and a map of their location.
2. If you would rather talk to someone on the phone: call **337-8211**, the Capital Area Human Services Connection, between 8:30 AM and 5 PM, Monday to Friday. This free resource for residents of Ingham, Eaton, and Clinton counties refers people to the agencies that can best help with their particular needs.
3. If you would like to talk to someone in person: visit us at **Allen Neighborhood Center**, 1619 E. Kalamazoo St., and talk to Dan or Rosa, our information and referral specialists.

Basic Needs

The **Salvation Army** provides help with automobile repairs, diapers and formula, food needs, housing placement, personal/grooming supplies, prescription co-payments, rent and mortgage payments, a community kitchen, transportation costs, and utilities. Call 484-4424 between 8:30 and 5, Mon-Fri, for more details.

The **Red Cross** offers disaster relief services, health and safety courses, and an emergency food and shelter program, open 9 AM to 7 PM on weekdays and 12 to 2 PM on weekends and holidays. Call 484-7461 for more details.

The **Greater Lansing Food Bank** runs the Food Movers program for food needs. Call 482-1270 to sign up for the program.

Employment

Michigan Works offers adult literacy programs, counseling for laid-off workers, income tax help, a job bank, help with resume writing and interviewing skills, a Work First program for welfare recipients, youth job development, and a work clothing boutique. Contact them at 492-5500 between 8 and 5, Mon-Fri, to find out more.

Health

The **Ingham Health Plan** is a service that helps uninsured low-income residents of Ingham County get quality health care. If you are uninsured and would like to see if you qualify, contact Enrollment Services at 887-4465, or call our Health Team (Monica, Wambui, Sarah) at 367-2468.

If you're ready to **quit smoking** and would like support, call Wambui at 367-2468 about the smoking cessation program.

Computers

The **Capital Area District Library** has computers available for public use at their main branch and at the Foster Community Center branch. They also have free classes on a number of computer topics. Call 367-6356 or visit www.cadl.org/events/CC/ to get the schedule or sign up.

Closing the Digital Gap is a free program providing computer instruction to low-income residents. On completion, you receive a free computer and a year of internet access. Call 485-7581.

Fun Stuff

Potter Park Zoo is home to over 100 species of animals, many of which are threatened or endangered. Zoo hours are 9 to 5 through Oct. 31st, and admission is only \$4 for adult Lansing residents, \$2 for senior Lansing residents, and \$2 for children 3-15. Call 483-4074 for more information.

Ranney Skate Park is a free place for skateboarders of all ages to improve their skills. Located on Michigan Ave. east of Frandor shopping center.

The **River Walk** is a great way to get some exercise and see the fall colors. Start at the trailhead on Kalamazoo St. east of 127, past Best Steakhouse.

continued from p. 1, HARVEST FESTIVAL

The bountiful Michigan harvest will be the real star of the festival. Certified organic apples, including Buckeye Gala, Golden & Red Delicious, Spartan, Jonathan, and Turley Winesap will be available from Apple Schram Orchard. All the fall favorites, from Delicata winter squash to sugar pie pumpkins will be on hand, as well as garlic braids, maple syrup and apple cider. Shoppers can stop by the Green Eagle Farm stand to buy some fresh salad greens for a healthy heart and then pick up a mum from Wes Clark of Clark Sugar Bush Farms for a beautiful home.

Don't miss this opportunity to visit with neighbors, eat a caramel apple and do your weekly shopping all at the same time. Stop by the Harvest Festival, buy local and eat well! For more information on the Harvest Festival or to volunteer, please contact Ameer at 367-2468.

HEALTHY NEWS!

A publication of the Allen Neighborhood Center 1619 E. Kalamazoo Lansing, MI 48912 (517) 485-7630

October 2005

Smokers: Take Action and Take It Outside!

Even if you are not ready to quit, you can take action to reduce the effects of second-hand smoke on those you live with or spend time with. Choose to *smoke outside*.

Here are the reasons...

- ◆ Each year, 37,000 people die from heart disease and 3,000 die from lung cancer caused by second-hand smoke.
- ◆ Second-hand smoke causes 300,000 cases of pneumonia and bronchitis in children each year.
- ◆ Children are more likely to develop asthma, ear infections, and allergies if they are exposed to second-hand smoke.
- ◆ A nonsmoker married to a smoker has a 30% higher risk of getting lung cancer than a nonsmoker married to a nonsmoker.

Here's what you can do...

- ◆ Be respectful of others' decision not to smoke by keeping second-hand smoke away from them. Moving to another room or opening a window is not enough.
- ◆ Set up a comfortable place outside to smoke.
- ◆ Let people know that it is your area and that smoking is allowed in it.
- ◆ If you aren't ready to quit, explain to family and friends that you're trying. But until you do, you don't want them to breathe in your smoke.
- ◆ If you want to smoke, that's your business. If you want to quit, we can make it ours. Join our Quit Tobacco program.

You are the smoker. Don't expose others to the harmful effects of your second-hand smoke.

Take responsibility! Take Action! Take it Outside!

Smoke-Free Home Pumpkin Giveaway



It's back! Once again the Allen Neighborhood Center Health Outreach Team is offering free pumpkins to the first 100 people to declare their homes smoke-free*. If you are already on our smoke-free home list, you can reaffirm your status to receive your pumpkin.

Stop by the Health Tent at the Harvest Festival (during the Farmer's Market, from 3:30-6:30 pm) and fill out a smoke-free home pledge. Then walk away with a free pumpkin just in time for Halloween!

You'll also receive special notice about other incentive programs including prizes for smoke-free blocks and streets.

Note: A Smoke-Free Home means exactly that—a home without smoke, not just a home without smokers. If you are a smoker and you decide to **Take It Outside**, you are eligible to be in our Smoke-Free Home program and may receive a pumpkin.

*Limit one pumpkin per household.

Good health is contagious. Catch some on the Eastside!

Healing Foods Highlight: **BROCCOLI**



With its firm stalks and stems, soft, deep green florets, and the gentle smell of sulfur, you can tell broccoli is good for you just by looking at it. Here's the scoop.

Broccoli...

- ...has more vitamin C than an orange
- ...has as much calcium as a glass of milk
- ...has three times more fiber than a slice of wheat bran bread
- ...is one of the richest sources of vitamin A in the produce section

Broccoli is also rich in substances called isothiocyanates - chemicals shown to stimulate the body's production of its own cancer-fighting substances, called "phase two enzymes."

Broccoli is now in season so pick some up at our Farmer's Market this week!

THE MARRIAGE AND PARENTING PROGRAM:

Strengthening the couple relationship through an exploration of parenting attitudes and skills.

This is a 10-week program that will focus on:

- Becoming a couple/parent
- Roots of marriage and parenting
- Family leadership
- Sharing power
- Feelings: The spice of relationships
- Discipline and teamwork
- Communication, resolving conflict
- Family life schedule
- Family fun



Join us Wednesday evenings from 6-8 pm from Sept. 28-December 7, 2005 at Maplehill School (640 Maplehill in Lansing). *Free childcare and dinner will be provided.* Please call **Julie Kepler at 482-1504 or 800-585-9997 or Barry Kaufman at 346-8053** with questions or to register.

READY TO QUIT TOBACCO?

The free Quit Tobacco Support Group meets the 1st and 3rd Thursdays of each month from 7-8 pm.

Everyone is welcome no matter where they are in their decision to quit tobacco, so please join us.

Sessions are held at the Allen Neighborhood Center, 1619 E. Kalamazoo Street. Call Wambui for details, 367-2468.



October Calendar

Please verify all event information and registration requirements before attending.

- 5 Allen Street Farmer's Market** 3:30-6:30 pm in the parking lot on the corner of Allen and Kalamazoo. Food Stamps are accepted. Every Wednesday.
- 6 Quit Tobacco Support Group.** See left.
- 8 Kinship Care Support Group** 1:30-3:00 pm at the Allen Neighborhood Center. A support group for those caring for a relative's child. Snacks and child care are provided.
- 19 Over the Counter Medicines** Available during ANC's Bread Basket program, for 48912 residents only. Free of charge.
- 20 Quit Tobacco Support Group.** See left.

Ongoing Events

ANC Bread Basket. Wednesdays from 12:30-7 pm at ANC. Come every Wednesday for free bread.

ANC Farmer's Market Wednesdays from 3:30-6:30 pm in the parking lot on the corner of Allen and Kalamazoo. Food Stamps are accepted.

Free Breast and Cervical Cancer Screening, for women 40+ with low/moderate incomes or enrolled in IHP. Call 887-4364. *Call ANC if you need transportation.*

Breast Cancer Support Group, IRMC Breslin Center, 4th Thursday of the month, 334-2163.

Breast Self-Exam Clinic. Free Sparrow program. Call 364-2689 or 364-2688.

Car Seat Checks at Sparrow Hospital. For dates and times, call Kathy at 517.321.6622 or Mickie at Sparrow Trauma Services, 517.364.2616

WINS, Sparrow breast cancer support group, 2nd Monday of the month. 364-2780.

Nicotine Anonymous. 12-step support group. Call Kathy at 627-9606.






Grief Support Group, 4th Monday, 1:30-3:30; For location and information call 882-4500.

Community Grief Support Group. 2nd Tues., 6:30-8:30 pm. For information call 882-4500.

Healthy News is published by the Allen Neighborhood Center and is made possible by support from the Ingham County Health Department and the Komen Foundation. For input about the newsletter, please call 367-2468 or email ancmonica@sbcglobal.net.

October 2005

A Calendar of Eastside Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 PLACE: 6:30 PM	4 YSC: 3:30-5:30 ABC: 6:30 PM TCK: 6:00-8:00 Gone Wired Cafe	5 SC: 10-noon BB: 12:30-6 FM: 3:30-6:30 ENO: 7:00 PM	6 YSC: 3:30-5:30 QT: 7:00- 8:00 FAIR: 7:00 PM	7	8 Kinship Care: 1:30-3:30
9	10 Potter Walsh: 6:20 Potter Park Methodist Church CARS: 6:30 Pot- luck, Oak Park	11 YSC: 3:30-5:30 TCK: 6:00-8:00 Gone Wired Cafe	12 SC: 10-noon BB: 12:30-6 FM: 3:30-6:30 HARVEST FEST FHP: 7:30 PM	13 YSC: 3:30-5:30	14	15
16	17	18 YSC: 3:30-5:30 TCK: 6:00-8:00 Gone Wired Cafe	19 SC: 10-noon BB: 12:30-6 FM: 3:30-6:30 FYN: 7:00	20 YSC: 3:30-5:30 QT: 7:00-8:00 PP: 6:30-7:30	21	22
23	24 ANC Board: 4:30 PM	25 YSC: 3:30-5:30 ENO Candidates Night: 6 P.M. TCK: 6:00-8:00 Gone Wired Cafe	26 SC: 10-noon BB: 12:30-6 FM: 3:30-6:30 Season Finale!	27 YSC: 3:30-5:30 Housing Advi- sory Board: noon	28	29
30	31	<i>October is....</i>  National Adopt-a- Dog Month	<i>October is...</i>  National Computer Learn- ing Month	<i>October is...</i>  National Dessert Month	<i>October is...</i>  Vegetarian Aware- ness Month	<i>October is...</i>  Halloween Safety Month

YSC= Youth
Service Corps
SC = Senior Coffee
ENO= Eastside
Neighborhood
Organization
ANC= Allen
Neighborhood
Center
TCK = Tuesday
Chess Knights
FYN = Foster Your
Neighborhood Assoc.
FM = Farmer's
Market
QT = Quit Tobacco
Support group
FHP = Friends of
Hunter Park
PP = Prospect Protec-
tors

**All events at ANC
unless otherwise
indicated**

**Call 485-7630 for in-
formation.**

Save Weekends for
Fun — Shop @ the Farm
Market on Wednesdays!