The Eastside Monthly

Fast Happenings in the Neighborhood

1619 E. Kalamazoo St., Lansing, MI 48912 (517) 485-7630 www.allenneighborhoodcenter.org allenneighborhood@sbcglobal.net

Volume V, Issue IX

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For general comments or to submit news for the next edition, contact Dan Stanaway at 485-7630 or email ancdan@ sbcglobal.net by *the 12th of the preceding month.*

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More, Newer, Better: Construction on the Eastside

Four major construction projects are underway for the Eastside. At the BTS site (now East Village), new condos and townhouses are seeing their first residents move in, though all 177 planned units will not be finished until 2009. Construction continues on the new Pattengill Middle School, which will be completed in fall 2006. Sparrow Hospital is preparing to erect a new 10story building south of Jerome St. And at Lansing Catholic Central, major renovations are in progress.

At Sparrow, the initial construction is happening in an area between the hospital and the parking deck. The new building will include a surgery area in the lower level and an emergency room on the first floor. The two floors above that will be new critical care units, and possibly a cardiology center, subject to state approval. The building may eventually go to ten floors. Due to construction, Jerome St. will be blocked off starting on Aug. 29, just west of Pattengill Jr. High, and will remain blocked off for several years. Construction will last 3 to 4 years, and will result in about 150 new jobs at Sparrow.

LCC is refitting its entire physical infrastructure: heating and cooling, electrical systems, fire alarms and extinguishers, and more. In the classroom wings, crews are replacing ceilings, lighting, floors and windows, and adding cabinets to each classroom. Science classrooms are getting new lab stations as well. The building's exterior walls will be strengthened by improving ties between the brick and block walls and adding a limestone cap to exterior perimeter walls. New signage and paint will give a finishing touch.

September 2005

First Annual Hunter Park Music Fest a Success

The first annual Hunter Park Music Fest, held on July 30, was a tremendous success. In addition to music from Zvdecrunch, Smokehouse, and The Lash, the event featured guest speakers including Senator Debbie Stabenow and Mayor Tony Benavides. The speakers offered congratulations on our Cool City designation. Parks employees estimated attendance over the course of the event at nearly 1000 people. While this figure may be a little high, it was clearly the biggest event the park has ever seen. There was also substantial interest in another Music Fest next year. Many thanks to everyone who made this event happen, and to everyone who came to meet their neighbors and enjoy some rocking tunes! Related article on p. 2

Chess Knights Go Wired

The Tuesday Chess Knights will be moving from their long-time home at ANC to Gone Wired Café at 2021 E. Michigan Ave, 853-0550, starting on Sept. 6. The time will remain 6 to 8 PM. The move will give the group a larger



space and more exposure to potential players. As always, all ages and skill levels are welcome. Activities and programs offered by Allen Neighborhood Center

YSC Member of the Month



Rachel Jackson September's YSC Member of the Month is Rachel Jackson. Rachel is an 6th grader at Hope Middle school. Rachel was chosen for her upbeat attitude and her work ethic. Congratulations Rachel!

Kid News from YSC

The youth had an exciting summer! In May, the youth went on a cultural trip in Detroit. In July, the youth hosted the Peace Jam Blowout, which was a huge success. In August, the youth went to Battle Creek to meet Archbishop Desmond Tutu. There are more trips to come in the future. We at the YSC believe that hard work should be rewarded.

During the summer months we will be mowing lawns. In order to get your lawn mowed, the yard should be free of debris, sticks, and dog droppings. The grass should not be taller than six inches. If the lawn does not meet these guidelines, we cannot mow it.

Attention volunteers: YSC is in need of volunteers. If you are willing to dedicate a few hours a week to deserving youth, we want you. If interested, contact Rosa at 485-7630 or ancrosa@sbcglobal.net.

Breadbasket: Bigger and Better

Free bread, fresh produce gleaned from area gardens and over-thecounter medicines (Sept. 21 only) are all available at ANC's Breadbasket, for Eastside residents only. Come in every Wednesday from 12-6:30!

Wednesday Morning Senior Coffee

(Non-seniors are welcome, too!)

September 7: Field Trip: We will meet at Schuler's in the café to buy <u>Snow</u> <u>Flower and the Secret Fan</u> by Lisa See, for next month's Book Chat. September 14: Restorative Justice, Part 2 An alternative to incarceration for juveniles, presented by Karen Beauregard.

September 21: River Lowering Ronda Oberlin, the facilitator of the Emergency Management Task Force, will be talking about the proposed dam removal as a flood mitigation strategy. September 28: TBA

Food Chatter

On July 20, the Food Team conducted the first Dot Survey at the Farmers Market. We wondered about who and why and how people were coming to the market. Thank you to those who participated! About 56% of the people who came to the market completed the survey. Of the participants, we learned that just under half of those who come live on the Eastside and half live out of the area. Most patrons bought something at the market that day, and most came to the market by car. Many of you had not been to the market the previous week. We also learned that almost half of you grow some of your own food, and a third of you do not, but would like to gain more knowledge about how to do so.

To learn more about how you can grow your own food, The Garden Project is a great resource. Please contact them at 887-4660 for more info.

Look for the second and final dot survey later in the market season! If you would like to know how you could volunteer at the Farmer's Market, please contact Amee at 485-7630 for more information.

ANC would like to thank:

- Judy King, Debbie Miner, Chris Swope and Joan Nelson for their Senior Coffee presentations
- Jim Dunn, Marquetta Frost and MSU Extension 4H Youth programs for their donations.
- **Sierra Ray** for volunteering for YSC.
 - Food Team Volunteers: Jack and Vivian Stauffer, Amy Berns, Dave Finet, Gail Gonzales, Jenny Martin, Laura De-Lind, Linnaea Stockall, Linda Anderson, Linda Cole-Goldberg, Liz O'Brien, Margaret Demps, Rameses Demps, Mark Edick,Marty Heller, Meghan Bradley Chamberlain, Michael Fortino, Nancy Benchley, Sarah Toas, Shannon Proctor, Shelly Frazier, Taylor Reid, Ursula Wharton, Yoyo Webb
- Farmers Market Entertainers: Kelsey Kennedy, Katie Kennedy, Lauren Kennedy, Andy Kennedy, Frederick Blaisdell, Douglas Blaisdell, Phil Wintermute, Brian Cook, Phil Wintermute, Pete Nelson, Lou Gonzales, and Kyle Rogers
- Francine Watts and Tammy Uribe for nurturing our kinship group
- James Pyle for his work with new homebuyers
- The dozens of people who worked to make the Hunter Park Music Fest a success, especially **Bri Havens** and **Corie Jason**
- Dave Stewart and Reese Farms for providing corn for our seniors.

Across the Neighborhood

Neighborhood News

ABC: ABC will be meeting on Tues. Sept. 6 at 6:30 PM in Pilgrim Church. We will discuss the road closure of Michigan Ave set for 2006 and a suggestion to open Holmes St. at Eureka again. We hope to have a representative from the city. We may also talk about ideas for the coming year. If you have any questions/concerns please contact Denise Kelley at 484-9109.

Foster Your Neighborhood: We will hold our next member meeting on Wed. Sept. 21, 7 PM at Foster Community Center. Contact John Mertz at 482-5200 for more info.

Prospect Protectors: Thanks to the Prospect Protectors that helped make our annual block party a success and to the Mayor's Grant for supplying food, door prizes and paper products! Our next meeting is October 19th at 6:30 PM at ANC.

Potter Walsh: Faith Fellowship Baptist Church has a food pantry and clothes closet for those in need. Call 853-9897 for an appointment.

Potter/ Walsh Neighborhood Association, in conjunction with Faith Fellowship Baptist Church, Morning Star COGIC, and Holy Praise, is sponsoring a Back to School Bash with food and free school supplies on Sept. 10 at Walsh Park from 12 noon to 2 PM.

PLACE: PLACE has a neighborhood cookbook for sale for \$5. They are for sale at several places on Michigan Ave. including Applause Salon, Bancroft Flowers, Jerusalem Bakery, Recovery Thrift Store and more. The money raised will be used to beautify area yards.

Kinship Care: We're having a picnic on Sept. 10 from 11 AM to 3 PM. Come join us at Patriarche Park, at Saginaw and Alton in East Lansing. If you'd like to have a booth at the picnic (at no charge), call Alma or Gloria at 355-9600.

Parent Aide Program: The Parent Aide Program is still looking for volunteers! Volunteer training is scheduled for Thursday Sept. 29. from 5:30 - 9:00. Bring your own dinner, location TBA. If interested. please call Pamela Langford at 484-8444 x14.

Do you feel frustrated, overwhelmed or alone in your parenting? Or do you just need to talk? Circle of Parents offers free meetings for anyone in a parenting role. If you are interested, please call Pamela Langford at 484-8444 x14.

Garden Project: On Saturday, Sept. 24, at 10 AM, The Garden Project will sponsor a Perennial Plant Exchange at the Garden Project Resource Center at Foster Park. Bring your healthy perennials in pots or bags to exchange with other Eastside gardeners. Please label your plants with the name, size at maturity, and light requirements, if known. For more information, call The Garden Project, 887-4660.

Featured Business

Women's Center of Greater Lansing: We are now open and scheduling appointments for women interested in finding a job, personal counseling, receiving a massage or just learning what we do. The Women's Center is located at 1710 E. Mich. Ave. between Shepard and Leslie. We offer career counseling, job development, resume preparation, transferable skills analysis and a Job Seekers Support Group.

The Center also has personal counseling, parenting classes, and a support group and workshop for women who are experiencing divorce or the loss of a relationship. Other seminars on business development will also be offered before the end of the year. For more information, call 372-9163 or stop by 1710 E. Michigan Ave.

School Principals Speak

Eastern High School: This year Eastern High School will try a different approach in reaching its new 9th graders. All the freshman at Eastern will be housed on the second floor and placed on teams. These support teams will include the students' teachers and counselors. Core subject areas will be mainly taught in the morning with electives taught in the afternoon. Academic support will be available before school, during lunch, and after school. A behavioral specialist will also assist with socialization problems and peer mediation.

We believe that all students can learn, with the right motivation to be successful. We will work toward this by building relationships, being consistent, and creating a favorable environment. We welcome new and returning students. Go Quakers!

Our Homecoming will be Sept. 30, against Jackson at Everett, 7 PM. Come out and show your spirit by supporting our team under its new coach, Edward Sadde.

Bingham Elementary: Girls On the Run, sponsored by Sparrow, will be offered at Bingham for 15 girls in grades 3-5. They will meet Mon. and Wed. after school with a volunteer coach to train for a 5K race. Each participant will get a water bottle, T-shirt, and New Balance running shoes. To sign up, contact the office. The program will start on Sept. 12.

Fairview Elementary: We are having an open house on Wednesday, Sept. 7th from 6 to 7 PM. We also will have a Burger King fundraiser night on Wed., Sept. 21st, from 5 to 7 PM.

Growing in Community

The People and Groups Making a Difference On the Eastside

Sparrow Hospital: Partners for a Healthy Eastside

Sparrow Health System is the fourth-largest employer in the Lansing area, with 6,000 employees. It is the most visible presence on Michigan Avenue, and an architectural landmark. But how does Sparrow make a difference to the Eastside? How have they moved from a sometimes prickly relationship with Eastside residents to being one of their strongest partners?

According to Rick Kibbey, longtime Eastside activist, some of the problems began long ago with parking. Sparrow employees were parking along the streets in the neighborhoods around the hospital. In addition, Sparrow policy was to use surface parking as a means for acquiring land for future development. While some residents sold their property, others refused.

A breakthrough came when residents met with Sparrow's new security person, J. McGinnis, who initiated a discussion about how to solve the parking problem for Sparrow employees. This became a mechanism for starting larger discussions. The critical turning point in the relationship came when Sparrow purchased a steel factory for new offices, Schultz Snyder and Steel, near the railroad tracks. The guideline that residents offered was, "Expand into the commercial areas, not into the neighborhood". Sparrow's decision, while it may have been controversial internally, indicated a change in policy and a recognition of the value of good relations with the neighborhood. A similar message delivered by the neighborhood was "Build up, not out," a message taken to heart in recent expansions.

In the 1990's, Sparrow partnered with MSU, LCC, and the school district to create a Health Education Collaborative — a health careers track at Sparrow. This program still exists, with two classrooms at Sparrow and two at Hill High School. The effort produced useful discussion and an opportunity for trust-building, which proved useful when Sparrow formed a campus plan.

There was a real possibility at this time that Sparrow would decide to move. One of their key issues was the bridge over Michigan Ave. In order to remain on the Eastside, they needed a variance from City Council to construct the skywalk. While some residents were opposed, many realized the importance of Sparrow's presence and advocated on their behalf. After a close vote at City Council, the overpass was approved, and the Eastside neighbors had proven to be reliable partners.

In 1996, a number of Sparrow officials became interested in the Healthy Communities movement — an approach developed by the World Health Organization, where health is defined very broadly to include housing, education, access to health resources, income, etc. Sparrow and the ENO, under the leadership of Joe Damore and Mary Margaret Woll, president of ENO, hosted the Eastside Summit in May of 1996. This event drew about a hundred people interested in talking about the health of the Eastside. They identified three priorities: 1, access to health; 2, housing and population stability; and 3, families and neighborhoods. Summit members organized three teams around those priorities, and each team went to work on developing strategies. The Access to Health team came up with the Health Navigator project, implemented in

1997. The Housing team founded the Housing Ambassadors in 1998, and the Families and Neighborhoods team started the Youth Service Corps, which became the first program of Allen Neighborhood Center. When ANC formed in late 1999, the Eastside Summit was absorbed into its operations.

Beth Spyke, Director of Community Health Education at Sparrow, noted that the Eastside Summit began as a dialogue between the Eastside and Sparrow, later joined by the Ingham County Health Department, asking, "Can we create a vision for a healthy, vibrant Eastside?". Sparrow, looking for opportunities to be a good corporate neighbor, wanted to invest in the neighborhood by funding the summit and several other initiatives. including the city's first Walk to Work / HOPE program (see article on p. 5) to help employees buy a house in neighborhoods near the hospital. The entire Summit project has grown exponentially in the last five years, to include not only the Eastside but also neighborhoods around Sparrow St. Lawrence. Beth added, "As the Eastside goes, so goes Sparrow. It's a win-win for everybody when we can help revitalize neighborhoods."

Sparrow continues to be a good friend to ANC and to ENO. They have representation at ENO meetings and make a special effort to share information about construction projects, new programs, special events, etc. They see themselves as partners with neighborhood-based institutions in creating a healthy Eastside.

Ira Ginsburg, vice-president of Sparrow, explained, "In the last fifteen years, we've built a stronger relationship with the Eastside neighborhood. We had some issues prior to that, but recently we've worked as partners rather than separate entities."

Community Builder s Toolbox Ideas and Information for Strengthening Neighborhoods

Home Ownership Assistance in Lansing

Now there are more ways than ever to get help buying a house in Lansing, with programs to assist first-time buyers with a down payment. Here's a summary of all the options:

L HOPE

<u>For</u>: City of Lansing employees purchasing primary residence within city limits for the first time <u>Amount</u>: \$3,000 (or \$4,00 if converting a registered rental) Income limits / price limits: none <u>Terms</u>: Loan is forgiven by \$600 / \$800 every year and completely forgivable after 5 years occupancy. <u>Contact</u>: Donna Graves, City Personnel Dept., (517) 483-4593

L HOPE

For: Accident Fund employees Amount: \$5,000 Income limits / price limits: none Terms: Loan is forgiven by \$1,000 / year, completely forgivable after 5 years occupancy. Contact: Annette Scott, Accident Fund Human Relations, (517) 367-1511

HOPE

For: Board of Water & Light employees after six months employment <u>Amount</u>: \$5,000 <u>Income limits / price limits</u>: none <u>Terms</u>: Loan is forgiven by \$1,000 / year, completely forgivable after 5 years occupancy. <u>Contact</u>: Shan Shaw, Diversity Administrator, (517) 702-6807

Employee Homeownership Program

<u>For</u>: Lansing Community College employees purchasing home near LCC <u>Amount</u>: \$5,000 <u>Terms</u>: Loan is forgiven by \$1,000 / year, completely forgivable after 5 years occupancy. Contact: Teresa Villarreal, 483-1875

HOPE

<u>For</u>: Sparrow Hospital employees, after 1 year employment <u>Amount</u>: \$2,500 full-time employees, \$1,500 part-time employees, plus matching assistance from a MSHDA down payment assistance loan. <u>Income limits</u>: Max gross annual household income of \$69,800 <u>House price limits</u>: \$209,800 <u>Terms</u>: Loan is forgiven by \$1,000 / year, completely forgivable after 5 years occupancy. <u>Contact</u>: Jeff Armstrong, Human Relations, (517) 364-5816

Family Home Program—Volunteers of America

<u>For</u>: Lansing low-income families interested in a new home <u>Amount</u>: 10% equity on a \$100,000, \$108,000, or \$127,000 new home <u>Terms</u>: Must qualify for financing, either through VOA or independently. <u>Contact</u>: Pat Patterson, Volunteers of America, 484-4414 ext. 105

ADDI - American Dream

For: First-time home buyers within Lansing city limits, who complete LINKS counseling* and are prequalified by a lender. Amount: 6% of cost, up to \$10,000 Income limits: \$36,200 to \$68,200, depending on household size House price limits: \$115,000 existing, \$128,000 new construction Terms: Loan is half forgiven after 5 years. If the recipient purchases another home in Lansing to live in after the initial five years, the remaining balance will be forgiven as well. Contact: City of Lansing Development Office, 483-4040

*LINKS counseling is available at ANC! Call Matt at 367-2468 for info.

New State Website for Michigan Internships

There's a new website to help students looking for an internship in the state of Michigan. Located at **www.michigan. gov/miintern**, the site offers tips for students, employers and educators. It also features a search engine that allows students to review more than 400 internship opportunities, and basic guidelines on getting the important first job, resume and cover letter writing, and job interviewing. Keep in mind that ANC welcomes interns as well! Call Joan Nelson at 367-2468 if you're interested in working with us.

Be Your Own Boss Website

The state also has an excellent resource for starting your own business, available at **www.michigan.gov/ beyourownboss**. For entrepreneurs at any stage, the site helps to start a business, grow a business, find financing, and more. It also offers a glossary of business terms, listings of state resources, free online courses, and a Business Startup Wizard.

Progress Continues on Path and Greenhouse

A schedule has been set for construction of a new walking path and greenhouse in Hunter Park, funded by the Cool City grant. Work will begin on the walking path immediately and on the greenhouse soon after. Watch future editions of the Eastside Monthly for our new walking clubs and gardening opportunities, or join the Friends

of Hunter Park at ANC on Sept. 12 at 7:30 to learn more about other changes coming to the park.



HEALTHY NEWS!

A publication of the Allen Neighborhood Center 1619 E. Kalamazoo Lansing, MI 48912 (517)485-7630

September 2005

HEALTH in PERSPECTIVE: Infant Mortality

A Local Take on a Worldwide Tragedy



The number of babies who die before their first birthday can tell a lot about the health and well-being of a community. Compared to 20 years ago, fewer babies overall are dying during their first year. However, many more Black babies die each year than White babies. This disparity exists nationally, statewide, and within Ingham County.

- In 2002 for every 1,000 White babies born in the US, 5.8 of died. For every 1,000 Black babies born, 14.4 died.
- In 2002 for every 1,000 White babies born in **Michigan**, 6.0 died. For every 1,000 Black babies born, 18.4 died.
- Between 2001-2003 for every 1,000 White babies born in **Ingham County** 4.8 died. For every 1,000 Black babies born, 14.7 died.
- Babies are more likely to die within their first year if they are born:
 - -Premature or low birth weight
 - -To mothers under 20 or over 40
 - -To mothers who smoked during pregnancy
 - -To mothers who had little or no prenatal care

Learn more about infant mortality disparities and help identify strategies to reduce them. Come to the Infant Mortality Mini-summit detailed at right.

INFANT MORTALITY <u>MINI-SUMMIT</u>

Friday, September 9, 2005 8 am—12 noon Pentecostal Outreach Church of God in Christ, 2645 W. Holmes, Lansing.

The Mini-summit is a local opportunity to develop a community strategy to reduce the number of babies dying before their first birthday. There is a focus on African-American mothers and infants.

Please RSVP to Jacquie LaFay 484-4954

or jlafay@pscinc.com no later than August 29, 2005.

Infant deaths are a community problem that needs a community solution. Help create the change that brings a brighter future for tomorrows babies.

Good health is contagious. Catch some on the Eastside!

Healing Foods Highlight: WALNUTS

Walnuts are full of vitamins, minerals, protein, fiber, and even the super Omega-3 fatty acids. They also contain:

- Ellagic acid, a cancer-fighting antioxidant
- Polyunsaturated fats, which help reduce bad cholesterol and increase good cholesterol.
- Arginine, an amino acid that helps to keep arteries relaxed. This reduces the risk of blockages that can cause heart attack.



Join our Breast Health Club and receive a **free bag** of walnuts. We will also send you monthly self-exam reminders and invitations to special events. Call Sarah today to join, 367-2468.

If you have MEDICARE... Big Changes Are Coming!

- § New Medicare prescription drug plans will be available to people with Medicare beginning January 1, 2006.
- § Enrollment begins November 15, 2005.
- § Monthly premiums will be around \$37. There will be a \$250 deductible.
- § You will need to pick a plan from several to be offered.
- § Extra help is available for those with an income level less than 150% of the federal poverty level and with limited assets.

HELP IS AVAILABLE! LEARN WHAT YOU NEED TO KNOW.

CALL CACS at 676-1065 or the Medicare/ Medicaid Assistance Program 1-800-803-7174.

READY TO QUIT TOBACCO?

The free Quit Tobacco Support Group will meet the 1st and 3rd Thursdays of each month from 7-8 pm, starting on September 1st.

Everyone is welcome no matter where they are in their decision to quit tobacco, so please join us.

Sessions are held at the Allen Neighborhood Center, 1619 E. Kalamazoo Street. Call Wambui for details, 367-2468.



September Calendar

Please verify all event information and registration requirements before attending.

- 1 Quit Tobacco Support Group. See left.
- 7 Allen Street Farmer's Market 3:30-6:30 pm in the parking lot on the corner of Allen and Kalamazoo. Food Stamps are accepted. Every Wednesday.
- 9 Infant Health Disparities Mini-summit. See left.
- 10 Kinship Care Support Group Picnic from 11 AM to 3 PM at Patriarche Park, at the corner of Saginaw and Alton in East Lansing.
- 15 Quit Tobacco Support Group. See left.
- **21 Over the Counter Medicines** Available during ANC's Bread Basket program, for 48912 residents only. Free of charge.

Ongoing Events

ANC Bread Basket. Wednesdays from 12:30-7 pm at ANC. Come every Wednesday for free bread.

ANC Farmer's Market Wednesdays from 3:30-6:30 pm in the parking lot on the corner of Allen and Kalamazoo. Food Stamps are accepted.

- **Free Breast and Cervical Cancer Screening**, for women 40+ with low/moderate incomes or enrolled in IHP. Call 887-4364. *Call ANC if you need transportation*.
- **Breast Cancer Support Group**, IRMC Breslin Center, 4th Thursday of the month, 334-2163.
- **Breast Self-Exam Clinic**. Free Sparrow program. Call 364-2689 or 364-2688.
- **Car Seat Checks** at Sparrow Hospital. For dates and times, call Kathy at 517.321.6622 or Mickie at Sparrow Trauma Services, 517.364.2616
- WINS, Sparrow breast cancer support group, 2nd Monday of the month. 364-2780.
- Nicotine Anonymous. 12-step support group. Call Kathy at 627-9606.
- **Grief Support Group**, 4th Monday, 1:30-3:30; For location and information call 882-4500.
- **Community Grief Support Group**. 2nd Tues., 6:30-8:30 pm. For information call 882-4500.

Healthy News is published by the Allen Neighborhood Center and is made possible by support from the Ingham County Health Department and the Komen Foundation. For input about the newsletter, please call 367-2468 or email ancmonica@sbcglobal.net.

	Sep	Septemb	lber 2005	200		A Calendar of Eastside Events
Mon	Tue	Wed	Thu	Fri	Sat	YSC= Youth Service Corps
September is HAMENGERES	September is Self- Improvement Month	September is	<i>I</i> YSC: 3:30-5:30 FAIR: 7:00 PM QT: 7:00-8:00 PM	7	ς	SC = Senior Coffee ENO= Eastside Neighborhood Organization ANC= Allen Neighborhood
5 Labor Day ANC Closed	6 YSC: 3:30-5:30 ABC: 6:30, Pilgrim	7 SC: 10AM—noon BB: 12:30—7 PM FM: 3:30-6:30 ENO: 7PM, Foster	8 YSC: 3:30-5:30	 9 Infant Mortality Mini-Summit: 8 AM - noon, Pentecos- tal Outreach COGIC, 2645 W. Holmes 	<i>10</i> Kinship Care Picnic: 11 AM to 3 PM at Patriarche Park	LECDC = Lansing Eastside Community Development Corpo- ration
12 Potter Walsh: 6:20 PM, Potter Park Methodist Church FHP: 7:30 PM	<i>13</i> YSC: 3:30-5:30	<i>14</i> SC: 10AM—noon BB: 12:30—7 PM FM: 3:30-6:30	<i>I5</i> YSC: 3:30-5:30 QT: 7:00-8:00 PM	16	17	FM = Farmer's Market QT = Quit Tobacco Support group
61	20 YSC: 3:30-5:30	<i>21</i> SC: 10AM—noon BB: 12:30—7 PM FM: 3:30-6:30 FYN: 7 PM, Foster Community Center	22 YSC: 3:30-5:30	23	24	FHP = Friends of Hunter Park PP = Prospect Protec- tors All events at ANC unless otherwise
26 LECDC Board: 12:30 PM ANC Board: 4:30 PM	27 YSC: 3:30-5:30	28 SC: 10AM—noon BB: 12:30—7 PM FM: 3:30-6:30	29 YSC: 3:30-5:30	30	September is Mational Hispanic Heritage Month	indicated Call 485-7630 for in- formation. Save Weekends for Fun — Shop @ the Farm Market on Wednesdays!